# Glenbrook South Boy's Swimming & Diving

### 2025 State Meet Itinerary

#### Jordan/Taylor/Anderson/Evan/Lucas/Noah/Charlie/Doren/Ryan

## Wednesday, February 26

3:30-5:00 pm Practice

5:15-6:45 pm State Dinner @ Maggianos (bring \$45.00-CASH)

**Thursday, February 27** 

3:35-5:30pm warm-up//shave down

3;30 ish Divers leave for the hotel with Mike

Friday, February 28

9:00 am Diving Prelims Begin- Charlie/Taylor

10:45 am GBS Back Pool door is open 11:00 am Depart for Breakfast/lunch

11:15 am Team Meal at Elly's

12:15-12:30pm Leave for FMC. 1pm entry to building. Wait in stands

1:40 Parade on Deck—

2:00 pm Pool is open for warm up. Main pool is crowded.

3:15 pm Pool closed 3:30 pm Prelims Begin

200 Medley Relay: Evan/Noah/Jordan/LFG (alt.Doren/Anderson)

200 IM- Noah Chen

15 minute break after the 50 free

100 Fly: Jordan Ko

100 free: Lucas Fernandez-Geddes/Evan Cornoiu

200 Free Relay: Evan/Noah/Jordan/LFG (alt.Doren/Anderson)

15 Minute Break after the 200 free relay

100 Breast: Noah Chen

400 Free Relay: Evan/Jordan/Doren/LFG (alt. Anderson)

6:30 pm Prelims over-Mini Bus back to the pool. Home by 7:30

#### Saturday, March 1st - Finals Session is LONG..bring food.

8:00 am	Back Pool hallway door open arrive 8:00 to 8:15am
8:20 am	Mini-Bus leave for Finals-
9:15 am	Parade on Deck
9:30 am	Pool open for warm-up-AWD in lanes 8/9
10:15 am	Sprint Lanes open
11:00 am	Finals begin-
1:00 pm	100 fly starts approx 1 ½ hours after 50 free
4:30 pm	Meet finishes