

**Glenbrook South
Boy's Swimming & Diving
2024 State Meet Itinerary**

James/Noah/Lucas/Jimmy/Taylor/Kevin/Henry/Eric/Evan/Ryan

Wednesday, February 22

3:30-5:00 pm Practice
5:15-6:45 pm State Dinner @ Maggianos (bring \$40.00)

Thursday, February 23

3:35-5:30pm warm-up//shave down

Friday, February 24

9:00 am Diving Prelims Begin
10:45 am GBS Back Pool door is open
11:00 am Depart for Breakfast/lunch
11:15 am Team Meal at Elly's
12:15-12:30pm Leave for FMC. Wait in stands
1:40 Parade on Deck-6th Team going in!
2:00 pm Pool is open for warm up. Main pool was crowded.
3:15 pm Pool closed
3:30 pm *Prelims Begin*
200 Medley Relay: James/Noah/Eric/Lucas (alt.Evan/Jimmy)
200 Free-Henry Chen
200 IM- Noah Chen
15 minute break after the 50 free
100 Fly: Eric Rabinovich
100 free: Lucas Fernandez-Geddes/Evan Cornoiu
500 free: Henry Chen
200 Free Relay: Noah/Henry/Evan/Lucas (alt.James/Jimmy)
15 Minute Break after the 200 free relay
100 Breast: Noah Chen/Eric Rabinovich
400 Free Relay: Henry/Evan/Eric/Lucas (alt. Jimmy/James)
6:30 pm Prelims over-Mini Bus back to the pool.

Saturday, February 25 - Finals Session is LONG..bring food.

8:00 am Back Pool hallway door open arrive 8:00 to 8:15am
8:20 am Mini-Bus leave for Finals
9:15 am Parade on Deck
9:30 am Pool open for warm-up-AWD in lanes 8/9
10:15 am Sprint Lanes open
11:00 am Finals begin-
1:00 pm 100 fly starts approx 1 ½ hours after 50 free
3:30 pm Meet finishes - Return to GBS (Mac to Cleveland)