

**Glenbrook South
Boy's Swimming & Diving
2019 State Meet Itinerary**

MAX/QUINN/ZAC/MATT/CAM/ADAM/MIKE/ELLIOT/NICK/SAMI/KEVIN

Wednesday, February 20

3:30-5:00 pm Visualize and Practice
5:15-6:45 pm State Dinner @ Wildfire (bring \$35.00)
Bring \$20.00 per state meet tickets

Thursday, February 21

3:35-6:00 pm warm-up//shave down

Friday, February 22

9:00 am Diving begins -Nick Tarantino—Mac picks up team packet
10:00 am Back door is open
10:30 am Wake-up swim 400/200/200
11:30 am Breakfast at Walker Bros(bring cash to pay)
1:15-:1:30 Arrive at New Trier//Go into Gym//
1:40 Parade on Deck
2:00 pm Pool is open for warm-up
2:45 pm Sprint lanes open
3:15 pm Pool closed
3:30 pm *Prelims Begin*
200 Medley Relay: Zuiker/Iida/Loughran/Hadjiivanov
200 Free-Elliot Chen/Sami Moussally
200 IM: Max Iida/Kevin Becker
50 Free: Mike Hadjiivanov/Zac Spalding
15 minute break after the 50 free
100 Fly: Quinn Loughran and Adam Zuiker
500 free: Elliot Chen and Sami Moussally
200 Free Relay:Mike/Sami/_____/Elliot
15 Minute Break after the 200 free relay
100 Back: Adam Zuiker and Matt Dale
100 Breast: Cameron Schulte and Max Iida
400 Free Relay: Mike/Sami/Quinn/Elliot
7:30 pm Prelims over-Mini Bus back to the pool

Saturday, February 23

8:15 am Back Pool hallway door open...
8:30 am Mini-Bus leave for Finals
9:15 am Parade on Deck
9:30 am Pool open for warm-up
10:15 am Sprint Lanes open
11:00 am Finals begin---Return To GBS after the meet

MISC.

*Two/Three tickets per swimmer--\$10.00 per prelim/Finals-LOTTERY

*You are Called out of school Friday