GLENBROOK SOUTH BOY'S SWIM TEAM 2008-09

	VARSITY	J.V.	FROSH
ARROWHEAD	91-95	112-65	
GLENBROOK NORTH	125-57	113-66	62-108
DEERFIELD	102-84	117-68	117-68
NEW TRIER	64-121	73-110	47-126
NILES WEST	98-87	121-44	97-86
MAINE SOUTH	105-80	135-43	105-80
EVANSTON	104-82	75-108	
DUAL MEET RECORD	5-2	5-2	3-2
CONFERENCE RECORD	3-1	2-2	2-1

INVITATIONALS

	. CT
DEERFIELD RELAYS	1 ST PLACE (6 TEAMS)
ST. CHARLES J.V. INVITE	2 ND PLACE (7 TEAMS)
HINSDALE DIVING INVITE	3rd PLACE
SPARTAN SPRINT CLASSIC	1st PLACE (8 TEAMS)
EVANSTON INVITE	7 TH PLACE (16 TEAMS)
NEW TRIER DIVING INVITE	2nd PLACE
TITAN RELAYS	1st PLACE (6 TEAMS)

CHAMPIONSHIPS

CSL VARSITY CONFERENCE	2 ND PLACE
CSL JUNIOR VARSITY CONFERENCE	3 RD PLACE
CSL FRESHMAN INVITATIONAL	4 th PLACE

IHSA SECTIONAL 2nd PLACE!

IHSA STATE CHAMPIONSHIPS 3RD PLACE!

ACHIEVEMENTS

The 2008-09 year has been a year that a team with great leadership exceeded expectations and made the swimming community in Illinois and the country take notice. While our point scorers at the state meet were a select few, the team as a whole worked tremendously hard to make sure everyone achieved their goals. The season capped off with a 3rd place finish at a historic state meet with our relay teams breaking 2 state records and one national record

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**TrophyFinish(3<sup>rd</sup> Place) at the IHSA State Meet.
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Central Suburban League All-Conference

Ben Hengels Chris DeLetto Dominik Cubelic Ryan Bach

Woody Lord

National Interscholastic Swimming Coaches Association <u>ALL-AMERICAN</u>

Ryan Bach Ben Hengels
Dominik Cubelic Chris DeLetto

IHSA State Swimmers/Divers

Ben Hengels	200 Free Relay	1st Place	All-State
	200 I.M.	7th Place	All-State
	500 Free	5th Place	All-State
	400 Free Relay	2nd Place	All-State
Chris DeLetto	50 Free 200 Free Relay 400 Free Relay	4 th Place 1 st Place 2 nd Place	All-State All-State

^{**}State Championship for Dominik Cubelic (50 Free)

^{**}Runner-up Finish in CSL

^{**}Four All-Americans

^{**}Seven ALL-STATE Performance!!

^{**}Four School Records

^{**}Two State Records

^{**}400 Free relay -2^{nd} fastest in the country

^{**200} Free Relay – NATIONAL RECORD!

Woody Lord	Diving	17 th Place	
Dominik Cubelic	200 Free Relay	1st Place	All-State
	50 Freestyle	1st Place	All-State
	100 Free	2nd Place	All-State
	400 Free Relay	2 nd Place	All-State
Ryan Bach	200 Medley Relay	38 th Place	
	100 Free	25 th Place	
	200 Free Relay	1 st Place	All-State
	400 Free Relay	2 nd Place	All-State
Thomas Pollick	200 Medley Relay	38 th Place	
Nick Kerndt	200 Medley Relay	38 th Place	
Robby Regalbuto	200 Medley Relay	38 th Place	

SCHOOL RECORDS

200 FREE RELAY-

RYAN BACH/BEN HENGELS/DOMINIC CUBELIC/CHRIS DELETTO

THIS IS ALSO A STATE AND NATIONAL RECORD

400 FREE RELAY

RYAN BACH/BEN HENGELS/DOMINIC CUBELIC/CHRIS DELETTO 50 FREE-DOMINIK CUBELIC 100 FREE- DOMINIK CUBELIC

Illinois High School Coach of the Year Keith MacDonald