

ACHIEVEMENTS

The 2008-09 year has been a year that a team with great leadership exceeded expectations and made the swimming community in Illinois and the country take notice. While our point scorers at the state meet were a select few, the team as a whole worked tremendously hard to make sure everyone achieved their goals. *The season capped off with a 3rd place finish at a historic state meet with our relay teams breaking 2 state records and one national record*

- **Trophy Finish (3rd Place) at the IHSA State Meet.
- **State Championship for Dominik Cubelic (50 Free)
- **Runner-up Finish in CSL
- **Four All-Americans
- **Seven ALL-STATE Performance!!
- **Four School Records
- **Two State Records
- **400 Free relay – 2nd fastest in the country
- **200 Free Relay – NATIONAL RECORD!

Central Suburban League All-Conference

Ben Hengels	Chris DeLetto
Dominik Cubelic	Ryan Bach
Woody Lord	

National Interscholastic Swimming Coaches Association ALL-AMERICAN

Ryan Bach	Ben Hengels
Dominik Cubelic	Chris DeLetto

IHSA State Swimmers/Divers

Ben Hengels	200 Free Relay	1st Place	All-State
	200 I.M.	7th Place	All-State
	500 Free	5th Place	All-State
	400 Free Relay	2nd Place	All-State
Chris DeLetto	50 Free	4 th Place	All-State
	200 Free Relay	1 st Place	All-State
	400 Free Relay	2 nd Place	All-State

Woody Lord	Diving	17 th Place	
Dominik Cubelic	200 Free Relay	1st Place	<i>All-State</i>
	50 Freestyle	1st Place	<i>All-State</i>
	100 Free	2nd Place	<i>All-State</i>
	400 Free Relay	2 nd Place	<i>All-State</i>
Ryan Bach	200 Medley Relay	38 th Place	
	100 Free	25 th Place	
	200 Free Relay	1 st Place	All-State
	400 Free Relay	2 nd Place	All-State
Thomas Pollick	200 Medley Relay	38 th Place	
Nick Kerndt	200 Medley Relay	38 th Place	
Robby Regalbuto	200 Medley Relay	38 th Place	

SCHOOL RECORDS

200 FREE RELAY-

RYAN BACH/BEN HENGELS/DOMINIC CUBELIC/CHRIS DELETTO

THIS IS ALSO A STATE AND NATIONAL RECORD

400 FREE RELAY

RYAN BACH/BEN HENGELS/DOMINIC CUBELIC/CHRIS DELETTO

50 FREE-DOMINIK CUBELIC

100 FREE- DOMINIK CUBELIC

Illinois High School Coach of the Year
Keith MacDonald