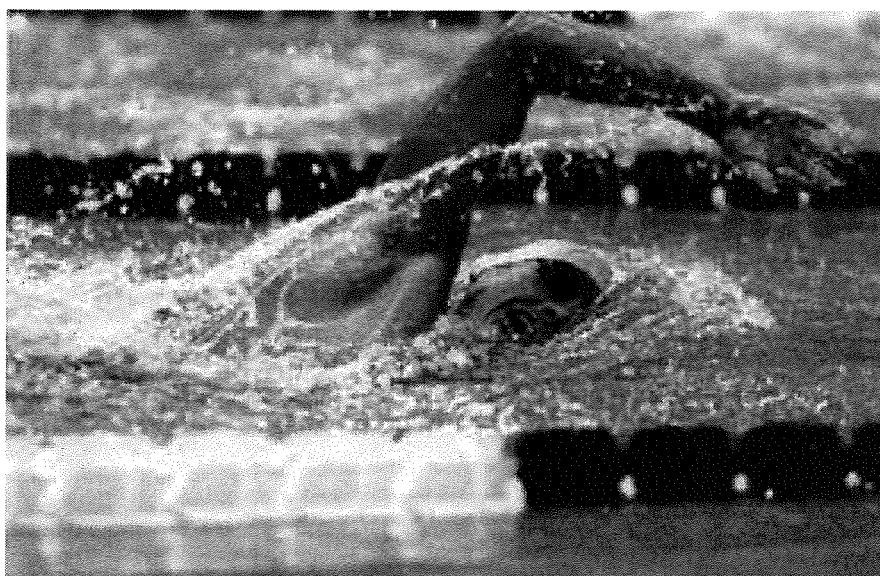


2014



GBS Boys' Swimming and Diving Team Banquet

March 4th, 2014

Head Coach: Keith MacDonald
JV Coach: David Lieberman
Freshman Coach: David Knudson
Diving Coach: Laura Duffy

GLENBROOK SOUTH BOYS' SWIM TEAM 2013-14

	VARSITY	J.V.	FROSH
ARROWHEAD	96-90	135-35	
GLENBROOK NORTH	126-55	127-52	134-44
DEERFIELD	133-53	144-42	7-0
WAUKEGAN	149-34	152-22	
MAINE SOUTH	136-47	145-38	109-54
EVANSTON	112-74	109-61	82-94
NEW TRIER	84-102	51-132	51-129
NILES WEST	121-59	132-49	

DUAL MEET RECORD	7-1	7-1	3-2
CONFERENCE RECORD	4-1	4-1	1-2

INVITATIONALS

DEERFIELD RELAYS	1 st PLACE (6 TEAMS)
ST. CHARLES J.V. INVITE	1 st PLACE (8 TEAMS)
GBN FROSH INVITATIONAL	3 rd PLACE (7 TEAMS)
HINSDALE DIVING INVITE	4 th PLACE (17 TEAMS)
SPARTAN SPRINT CLASSIC	1 st PLACE (8 TEAMS)
EVANSTON INVITE	2 nd PLACE (18 TEAMS)
NEW TRIER DIVING INVITE	3 rd PLACE (18 TEAMS)
TITAN RELAYS	1 st PLACE (7 TEAMS)

CHAMPIONSHIPS

CSL VARSITY CONFERENCE	2 nd PLACE
CSL JUNIOR VARSITY CONFERENCE	2 rd PLACE
CSL FRESHMAN INVITATIONAL	3 rd PLACE

IHSA SECTIONAL **2nd PLACE**

IHSA STATE CHAMPIONSHIPS **5th PLACE**

Achievements

The 2013-14 season was a dominating performance of depth and skill led by one of the largest senior classes in GBS swim team history. All three levels experienced success, particularly during the all-important end of the season, starting with the freshman achieving a third place finish at their CSL championship meet. The junior varsity had one of its deepest teams and had some of the highest finishes ever recorded by GBS at the CSL JV Championship meet. Finally, the varsity steamrolled through the season by grabbing duel meet wins and invitational championships. The varsity finished within a whisker of winning their conference meet, and then went on to place fifth at the IHSA meet--finishing in the top five for the fifth time in 9 years.

- **Top 5 finish at the IHSA State Meet
- **Five All-Americans
- **Eight All-State performances
- **Nine All-Conference athletes
- **Three relays scoring at the state meet

Glenbrook South Booster Club Academic Award

The Glenbrook South Booster Club recognizes students for their achievements in the classroom as well as in the pool. An award winner must maintain a 3.5 GPA throughout their Sophomore, Junior and Senior years.

Peter Dales	PJ Thoelecke	Nick Burke
Tommy Hagerty	Aaron Ach	David Chengazhacherril
JP Hong	Jon Salomon	JR Gross
Byron Mandell	Jordan Spalding	Sean Halloran
Andrew Sochowski	Kevin Benson	Peter Roberson

Glenbrook South Booster Club "Titan Senior"

The Glenbrook South Booster Club recognizes students for their achievements in the classroom as well as in the pool. This award is presented to the senior with the highest Grade Point Average.

Peter Roberson

Central Suburban League Academic All Conference

The Central Suburban League recognizes students for their academic performance as well as their athletic ability. A student must maintain a 3.0 GPA for seven semesters and be a Varsity Award winner and in the sport for two years.

Kevin Benson	Alex Jackman	Davin Laskin	Jake Nelson
Brant Boczek	JR Gross	Daniel Landgren	Peter Roberson
Nick Burke	Jason Vevang	Sean Halloran	D. Chengazhacherril

Central Suburban League All-Conference

**Aaron Ach
Kevin Benson
Steven Clare**

**Tommy Hagerty
Seamus Heneghan
Sam Iida**

**Jake Nelson
Sam Salganik
Jon Salomon**

National Interscholastic Swimming Coaches Association Qualified for All-American Consideration

**Aaron Ach
Kevin Benson**

**Seamus Heneghan
Sam Salganik**

Jon Salomon

IHSA State Swimmers/Divers

Aaron Ach	Diving	7 th Place	HM All-State
Kevin Benson	200 Free	8 th Place	HM All-State
	500 Free	5 th Place	2 nd Team All-State
	200 Free Relay	5 th Place	2 nd Team All-State
	400 Free Relay	7 th Place	HM All State
Sam Iida	200 Medley Relay	12 th place	HM All-State
	200 IM	13 th Place	
	500 Free	6 th Place	2 nd Team All-State
Seamus Heneghan	200 Medley Relay	12 th place	HM All-State
	200 Free Relay	5 th Place	2 nd Team All-State
	400 Free Relay	7 th Place	HM All-American
Jake Nelson	200 Medley Relay	12 th place	HM All-State
	200 Free Relay	5 th Place	2 nd Team All-State
	100 Back	18 th Place	
Sam Salganik	200 Medley Relay	12 th Place	HM All-State
	100 Fly	23 rd Place	
	200 Free Relay	5 th Place	2 nd Team All-State
	400 Free Relay	7 th Place	HM All-State
Jon Salomon	50 Free	4 th Place	2 nd Team All-State
	100 Free	7 th Place	HM All-State
	200 Free Relay	5 th Place	2 nd Team All-State
	400 Free Relay	7 th Place	HM All-State

Individual Top Times

Times since: 24-Nov-13

Glenview (Glenbrook South) [GBS] Group: 14

Number of Top Times: All Show Yards Only

Boys 50 Free			Boys 100 Free			Boys 200 Free		
1	20.89 Y	F Jon Salomon	1	45.92 Y	F Jon Salomon	3	1:37.23 Y	F Joseph Garvey
2	22.21 Y	F Seamus Heneghan	2	47.78 Y L	F Kevin Benson	4	1:39.39 Y	F Gregory Keslin
3	22.55 Y L	F Sam Salganik	3	48.89 Y	F Seamus Heneghan	5	1:43.59 Y	F Atanasov Alex
4	22.75 Y L	F Danny Dragman	4	48.92 Y	F Sam Salganik	6	1:47.89 Y	F George Gould
5	22.77 Y	F Kevin Benson	5	49.45 Y	F Danny Dragman	7 *	1:47.92 Y	F Alexander Saarinen
6	22.81 Y	F Jake Nelson	6	49.51 Y L	F Sam Iida	7 *	1:47.92 Y	F Connor Quirk
7	23.03 Y	F Davin Laskin	7	x49.54 Y L	F Tommy Hagerty	9	1:53.40 Y	F Chad Spalding
8	23.19 Y	F Sam Iida	8	49.81 Y L	F Jake Nelson	10	2:03.95 Y	F Dennis Petlakh
9	x23.71 Y L	F Daniel Landgren	9	51.29 Y	F Sean Halloran	11	x2:04.06 Y	F Jack Whetsone
10	23.80 Y	F Tommy Hagerty	10	52.27 Y L	F Bryan Lee	12	x2:07.81 Y	F Matthew Sharobeem
11	23.94 Y	F Nick Burke	11	52.71 Y	F Nick Burke	13	2:12.38 Y	F Sean Maloney
12	24.00 Y	F J.r. Gross	12	x52.95 Y	F Jp Hong	14	2:13.90 Y	F Damian Dziura
13	24.05 Y L	F Jp Hong	13	53.09 Y	F Paul Salay	Boys 300 Free		
14	24.06 Y	F Mike Dankanich	14	x53.21 Y L	F Jordan Spalding	1	1:42.11 Y	P Kevin Benson
15	24.15 Y	F Steven Clare	15	53.54 Y L	F Daniel Landgren	2	1:44.75 Y	F Jon Salomon
16	24.44 Y	F Joseph Park	16	53.72 Y	F J.r. Gross	3	1:45.52 Y	F Tommy Hagerty
17 *	24.46 Y	F Bryan Lee	17	53.77 Y L	F Mike Dankanich	4	1:47.70 Y	F Sam Iida
17 *	24.46 Y	F Paul Salay	18	53.80 Y L	F Joseph Park	5	1:47.76 Y	F Sam Salganik
19	24.65 Y L	F Peter Dales	19	54.06 Y	F Davin Laskin	6	1:48.69 Y	F Jake Nelson
20	24.76 Y	F Sean Halloran	20	54.10 Y	F Steven Clare	7	1:52.61 Y	F Seamus Heneghan
21	24.81 Y L	F Peter Roberson	21	54.16 Y	F Peter Dales	8	1:52.89 Y	F J.r. Gross
22	x25.07 Y L	F Byron Mandell	22	54.23 Y	F Peter Roberson	9	1:55.69 Y	F Peter Roberson
23	25.25 Y L	F Jordan Spalding	23	54.89 Y	F Pj Thoelecke	10	1:55.81 Y	F Sean Halloran
24	x25.53 Y	F Jack Wells	24	55.74 Y	F Brant Boczek	11	1:56.18 Y	F Jordan Spalding
25	25.82 Y	F David Chengazhacherr	25	55.94 Y	F William Brinkmann	12	1:57.82 Y	F Jp Hong
26	25.85 Y L	F Brant Boczek	26	x56.26 Y	F Byron Mandell	13	x1:58.65 Y	F Daniel Landgren
27	26.02 Y L	F Pj Thoelecke	27	56.79 Y L	F Jack Wells	14	1:58.68 Y	F Steven Clare
28	26.08 Y	F William Brinkmann	28	57.31 Y	F David Chengazhacherr	15	1:59.08 Y	F Danny Dragman
29	x26.41 Y	F Andrew Sochowski	29	57.93 Y	F Tray Cashman	16	2:00.90 Y	F Joseph Park
30	x26.52 Y	F Justin Zenteno	30	58.79 Y	F Thomas Kosack	17	2:01.78 Y	F Bryan Lee
31	x26.60 Y	F Jason Vevang	31	59.58 Y	F Jason Vevang	18	2:02.40 Y	F William Brinkmann
32	27.04 Y	F Thomas Kosack	32	x59.68 Y	F Alexander Saarinen	19	2:02.91 Y	F Pj Thoelecke
33	27.12 Y	F Jon Griffin	33	x59.76 Y	F Joseph Garvey	20	2:03.10 Y	F Brant Boczek
34	27.23 Y	F Tray Cashman	34	x59.81 Y	F George Gould	21	2:03.72 Y	F Byron Mandell
35	27.44 Y	F Gregory Keslin	35	1:00.02 Y	F Gregory Keslin	22	2:04.21 Y	F Nick Burke
36	28.01 Y L	F Liam McCarthy	36	1:00.07 Y L	F Justin Zenteno	23	2:10.09 Y	F Davin Laskin
37	28.43 Y	F Atanasov Alex	37	x1:00.23 Y	F Atanasov Alex	24	2:11.28 Y	F Mike Dankanich
38	x28.57 Y	F John Seol	38	x1:00.79 Y	F Jon Griffin	25	2:12.02 Y	F Andrew Sochowski
39	28.60 Y	F George Gould	39	x1:01.03 Y	F Liam McCarthy	26	2:12.70 Y	F Jason Vevang
40	28.82 Y L	F Joseph Garvey	40	x1:04.72 Y	F Tucker Nienhaus	27	x2:16.91 Y	F Tray Cashman
41	x29.06 Y	F Bill Balabanos	41	1:06.69 Y L	F Ryan Tovcila	28	x2:24.60 Y	F Connor Quirk
42	x29.58 Y	F Ryan Tovcila	42	1:07.11 Y L	F Chad Spalding	29	2:36.78 Y	F Chad Spalding
43	29.66 Y	F Alexander Saarinen	43	1:07.52 Y	F Connor Quirk			
44	x29.68 Y	F Connor Quirk	44	1:09.13 Y L	F John Seol	1	2:42.86 Y	F Sam Iida
45	x29.77 Y	F Dennis Petlakh	45	1:10.86 Y	F Jack Cahill	2	3:19.92 Y	F Thomas Kosack
46	29.91 Y L	F Damian Dziura	46	1:11.59 Y	F Dennis Petlakh	3	3:28.51 Y	F Justin Zenteno
47	x30.99 Y	F Chad Spalding	47	1:13.80 Y L	F Bill Balabanos	4	3:37.14 Y	F Gregory Keslin
48	x31.68 Y	F Matthew Sharobeem	48	x1:14.66 Y L	F Damian Dziura	5	3:39.16 Y	F Alexander Saarinen
49	x32.80 Y	F Jack Whetsone	49	1:15.63 Y	F Jack Whetsone	6	3:49.80 Y	F Joseph Garvey
50	x33.41 Y	F Michael Lichtenstein	50	1:16.31 Y L	F Matthew Sharobeem	7	3:57.67 Y	F Connor Quirk
51	x33.68 Y	F Sean Maloney	51	1:23.99 Y	F Sean Maloney	8	4:05.44 Y	F Tucker Nienhaus
Boys 75 Free			Boys 150 Free			9	4:05.87 Y	F Jack Cahill
1	42.42 Y L	F Peter Dales	1	1:34.59 Y	F Jack Wells	10	4:07.14 Y	F Chad Spalding
2	46.82 Y L	F Jordan Spalding	2	1:35.19 Y	F Justin Zenteno	11	4:13.16 Y	F Liam McCarthy
						12	4:19.68 Y	F Bill Balabanos

Individual Top Times

Times since: 24-Nov-13

Number of Top Times: All Show Yards Only

13	4:20.21 Y	F Atanasov Alex	22	35.99 Y L	F Atanasov Alex	10	40.56 Y	F Dennis Petlakh
14	x5:04.50 Y	F Michael Lichtenstein	23	36.16 Y	F John Seol	11	40.89 Y	F Liam McCarthy
Boys 500 Free			24	36.20 Y L	F Chad Spalding	12	41.05 Y	F Gregory Keslin
1	4:34.18 Y	P Kevin Benson	25	37.39 Y	F Tucker Nienhaus	13	43.12 Y	F John Seol
2	4:37.11 Y	F Sam Iida	26	38.13 Y L	F Jack Cahill	14	43.98 Y	F Michael Lichtenstein
3	4:42.91 Y	F Tommy Hagerty	27	38.27 Y L	F Ryan Tovcilnak	15	46.19 Y	F Bill Balabanos
4	4:54.23 Y	F Jon Salomon	28	38.88 Y	F George Gould	16	x48.76 Y	F Chad Spalding
5	4:54.90 Y	F Sam Salganik	29	38.99 Y	F Bill Balabanos	Boys 100 Breast		
6	4:58.53 Y	F Peter Roberson	30	39.11 Y L	F Dennis Petlakh	1	1:01.05 Y	F Sam Iida
7	5:04.03 Y	F Seamus Heneghan	31	40.68 Y L	F Connor Quirk	2	1:04.82 Y	F Jp Hong
8	5:11.46 Y	F Brant Boczek	32	41.68 Y L	F Matthew Sharobeem	3	1:05.75 Y	F Danny Dragman
9	5:16.58 Y	F J.r. Gross	33	42.53 Y	F Jon Griffin	4	1:05.94 Y	F Peter Dales
10	5:18.91 Y	F Jordan Spalding	34	x45.90 Y	F Damian Dziura	5	1:06.15 Y	F Kevin Benson
11	5:21.16 Y	F Peter Dales	35	46.24 Y L	F Sean Maloney	6	1:07.50 Y	F Pj Thoelecke
12	5:26.91 Y	F William Brinkmann	36	47.54 Y L	F Michael Lichtenstein	7	1:07.63 Y	F Byron Mandell
13	x5:27.61 Y	F Joseph Park	37	48.61 Y	F Jack Whetsone	8	1:08.06 Y	F Seamus Heneghan
14	5:28.98 Y	F Danny Dragman	38	x1:07.58 Y L	F Tray Cashman	9	1:12.03 Y	F Joseph Park
15	5:30.75 Y	F Daniel Landgren	Boys 100 Back			10	1:13.69 Y	F Jason Vevang
16	5:33.43 Y	F Bryan Lee	1	52.50 Y	P Jake Nelson	11	1:14.52 Y	F Thomas Kosack
17	5:34.56 Y	F Pj Thoelecke	2	53.42 Y	F Sam Iida	12	1:15.57 Y	F Bryan Lee
18	5:35.75 Y	F Steven Clare	3	55.01 Y	F Sam Salganik	13	1:16.35 Y	F Brant Boczek
19	5:42.57 Y	F Byron Mandell	4	55.76 Y	F Kevin Benson	14	1:16.64 Y	F Tray Cashman
20	5:50.71 Y	F Andrew Sochowski	5	56.82 Y	F Paul Salay	15	1:19.81 Y	F William Brinkmann
21	5:53.86 Y	F Jason Vevang	6	58.75 Y	F Tommy Hagerty	16	1:22.72 Y	F David Chengazhacherr
22	5:57.01 Y	F Thomas Kosack	7	59.25 Y	F Seamus Heneghan	17	1:32.26 Y	F Andrew Sochowski
23	5:59.18 Y	F Sean Halloran	8	1:02.27 Y	F Thomas Kosack	Boys 25 Fly		
Boys 25 Back			9	1:03.08 Y	F Bryan Lee	1	11.99 Y	F Daniel Landgren
1	12.58 Y	F Sam Salganik	10	1:03.52 Y	F David Chengazhacherr	2	12.18 Y	F Joseph Park
2	13.50 Y	F Paul Salay	11	1:04.42 Y	F Sean Halloran	3	13.68 Y	F Bryan Lee
3	14.55 Y	F David Chengazhacherr	12	x1:05.58 Y	F Mike Dankanich	4	14.55 Y	F William Brinkmann
4	17.96 Y	F Jason Vevang	13	1:05.77 Y	F William Brinkmann	Boys 50 Fly		
5	25.52 Y L	F Sam Iida	14	1:06.30 Y	F Peter Roberson	1	23.49 Y	F Jon Salomon
6	29.36 Y L	F Thomas Kosack	15	1:08.19 Y	F Daniel Landgren	2	25.47 Y	F Joseph Park
Boys 50 Back			16	1:08.31 Y	F Jordan Spalding	3	26.20 Y L	F Steven Clare
1	24.35 Y L	P Jake Nelson	17	1:08.39 Y	F Nick Burke	4	26.31 Y	F Daniel Landgren
2	24.64 Y L	F Sam Iida	18	1:08.61 Y	F Davin Laskin	5	29.12 Y	F Brant Boczek
3	26.44 Y L	F Kevin Benson	19	1:11.93 Y	F Pj Thoelecke	6	29.20 Y	F Peter Roberson
4	26.53 Y L	F Sam Salganik	20	1:13.19 Y	F Jason Vevang	7	30.78 Y	F Jack Wells
5	x26.73 Y L	F Paul Salay	21	1:14.02 Y	F Andrew Sochowski	8	31.03 Y	F Liam McCarthy
6	27.27 Y L	F Tommy Hagerty	22	1:17.38 Y	F Tray Cashman	9	31.42 Y	F Gregory Keslin
7	27.91 Y L	F Seamus Heneghan	Boys 25 Breast			10	32.55 Y	F Bill Balabanos
8	28.23 Y L	F Bryan Lee	1	13.78 Y	F Kevin Benson	11	32.87 Y	F Justin Zenteno
9	29.15 Y L	F Thomas Kosack	2	13.90 Y	F Jp Hong	12	36.25 Y	F George Gould
10	30.13 Y L	F David Chengazhacherr	3	15.12 Y	F Byron Mandell	13	37.94 Y	F Joseph Garvey
11	x30.64 Y L	F Sean Halloran	4	16.71 Y	F Pj Thoelecke	14	38.60 Y	F Atanasov Alex
12	x30.83 Y L	F Gregory Keslin	Boys 50 Breast			15	x39.75 Y	F Ryan Tovcilnak
13	x30.93 Y L	F Jack Wells	1	30.47 Y	F Peter Dales	16	40.69 Y	F Jack Cahill
14	31.05 Y L	F William Brinkmann	2	30.67 Y L	F Jp Hong	17	x43.43 Y	F John Seol
15	31.58 Y	F Jordan Spalding	3	35.05 Y	F Tucker Nienhaus	18	45.79 Y	F Matthew Sharobeem
16	x32.28 Y L	F Justin Zenteno	4	35.36 Y	F Byron Mandell	19	48.61 Y	F Damian Dziura
17	32.92 Y L	F Alexander Saarinen	5	36.81 Y	F Joseph Garvey	Boys 100 Fly		
18	x32.94 Y L	F Liam McCarthy	6	36.84 Y	F Tray Cashman	1	52.04 Y	F Jon Salomon
19	33.95 Y L	F Andrew Sochowski	7	37.54 Y	F Sean Maloney	2	52.31 Y	F Sam Salganik
20	35.02 Y L	F Jason Vevang	8	38.03 Y	F Jack Wells	3	54.52 Y	F Steven Clare
21	35.23 Y L	F Joseph Garvey	9	38.94 Y	F Jon Griffin	4	54.99 Y	F Tommy Hagerty

Individual Top Times

Times since: 24-Nov-13

Number of Top Times: All Show Yards Only

5	55.90 Y	F Joseph Park
6	56.02 Y	F Daniel Landgren
7	56.09 Y	F Jake Nelson
8	56.22 Y	F Kevin Benson
9	1:02.85 Y	F J.r. Gross
10	1:03.19 Y	F Andrew Sochowski
11	1:03.35 Y	F Jp Hong
12	1:03.70 Y	F Mike Dankanich
13	1:03.78 Y	F Jason Vevang
14	1:03.81 Y	F Bryan Lee
15	1:04.98 Y	F Sean Halloran
16	1:05.22 Y	F Davin Laskin
17	1:05.72 Y	F Nick Burke
18	1:06.92 Y	F Thomas Kosack
19	1:10.19 Y	F Byron Mandell
20	x1:13.25 Y	F Sam Iida

Boys 100 IM

1	55.48 Y	F Sam Iida
2	59.44 Y	F Joseph Park
3	1:05.93 Y	F Thomas Kosack
4	1:06.64 Y	F Brant Boczek
5	1:09.96 Y	F Gregory Keslin
6	1:11.79 Y	F Jack Wells
7	1:12.43 Y	F Joseph Garvey
8	1:13.11 Y	F Liam McCarthy
9	1:14.17 Y	F Tucker Nienhaus
10	1:17.80 Y	F Alexander Saarinen
11	1:19.05 Y	F Justin Zenteno
12	1:20.58 Y	F George Gould
13	1:23.83 Y	F Atanasov Alex
14	x1:25.34 Y	F Chad Spalding
15	1:25.45 Y	F Bill Balabanos
16	1:26.07 Y	F Jon Griffin
17	1:30.66 Y	F Michael Lichtenstein
18	x1:31.72 Y	F Dennis Petlakh

Boys 200 IM

1	1:54.70 Y	F Sam Iida
2	1:55.34 Y	F Jon Salomon
3	2:02.52 Y	F Kevin Benson
4	2:03.30 Y	F Sam Salganik
5	2:06.51 Y	F Joseph Park
6	2:07.23 Y	F Jake Nelson
7	2:09.37 Y	F Peter Dales
8	2:12.35 Y	F Bryan Lee
9	2:13.93 Y	F Paul Salay
10	2:16.75 Y	F Steven Clare
11	2:19.22 Y	F Pj Thoelecke
12	2:19.26 Y	F Jp Hong
13	2:19.71 Y	F Jordan Spalding
14	2:21.25 Y	F Thomas Kosack
15	x2:21.74 Y	F Mike Dankanich
16	2:22.30 Y	F J.r. Gross
17	2:22.63 Y	F Nick Burke
18	2:23.81 Y	F Sean Halloran
19	2:26.39 Y	F Jason Vevang
20	2:26.70 Y	F William Brinkmann

21	2:27.15 Y	F Brant Boczek
22	2:29.85 Y	F Byron Mandell
23	2:34.74 Y	F Andrew Sochowski
24	x2:43.28 Y	F Tray Cashman

Boys 1 Meter 6 Dives

1	293.90	F Alexander Prybylo
2	275.10	F Aaron Ach
3	219.95	F Brendan Fotillas
4	174.70	F Alex Jackman
5	170.70	F Patrick Tener
6	167.10	F Trevor Burke
7	151.90	F Hart Haffner

Boys 1 Meter 11 Dives

1	446.35	F Aaron Ach
2	307.05	F Alexander Prybylo
3	299.45	F Patrick Tener
4	287.60	F Hart Haffner
5	243.25	F Trevor Burke
6	210.70	F Brendan Fotillas

Individual Top Times - Including Relay Legs

N = relay splits

Times since: 24-Nov-13

Glenview (Glenbrook South) [GBS] Group: 14

Number of Top Times: All Show Yards Only

Boys 50 Free			Boys 75 Free			Boys 100 Free			Boys 150 Free			Boys 200 Free			Boys 300 Free				
1	20.55	Y N	F Jon Salomon	1	42.42	Y L	F Peter Dales	1	45.92	Y	F Jon Salomon	1	1:34.59	Y	F Jack Wells	1	2:42.86	Y	F Sam Iida
2	20.99	Y N	P Seamus Heneghan	2	46.82	Y L	F Jordan Spalding	2	47.18	Y N	F Seamus Heneghan	2	1:35.19	Y	F Justin Zenteno	2	3:19.92	Y	F Thomas Kosack
3	21.01	Y N	P Kevin Benson					3	47.45	Y N	F Sam Salganik	3	1:37.23	Y	F Joseph Garvey	3	3:28.51	Y	F Justin Zenteno
4	21.51	Y N	P Sam Salganik					4	47.78	Y L	F Kevin Benson	4	1:39.39	Y	F Gregory Keslin	4	3:37.14	Y	F Gregory Keslin
5	21.61	Y N	F Jake Nelson					5	48.08	Y N	F Jake Nelson	5	1:43.59	Y	F Atanasov Alex	5	3:39.16	Y	F Alexander Saarinen
6	21.92	Y N	F Danny Dragman					6	49.00	Y N	F Sam Iida	6	1:47.89	Y	F George Gould	6	3:49.80	Y	F Joseph Garvey
7	22.28	Y N	F Davin Laskin					7	49.45	Y	F Danny Dragman	7 *	1:47.92	Y	F Connor Quirk				
8	22.77	Y N	F Steven Clare					8	x49.54	Y L	F Tommy Hagerty	7 *	1:47.92	Y	F Alexander Saarinen				
9	22.89	Y N	F Sam Iida					9	49.92	Y N	F Sean Halloran	9	1:53.40	Y	F Chad Spalding				
10	22.98	Y N	F Tommy Hagerty					10	51.53	Y N	F Davin Laskin	10	2:03.95	Y	F Dennis Petlakh				
11	23.35	Y N	F Jp Hong					11	51.61	Y N	F Peter Roberson	11	x2:04.06	Y	F Jack Whetsone				
12	23.42	Y N	F J.r. Gross					12	51.86	Y N	F Steven Clare	12	x2:07.81	Y	F Matthew Sharobeem				
13	23.49	Y N	F Daniel Landgren					13	51.91	Y N	F J.r. Gross	13	2:12.38	Y	F Sean Maloney				
14	23.52	Y N	F Mike Dankanich					14	52.01	Y N	F Brant Boczek	14	2:13.90	Y	F Damian Dziura				
15	23.75	Y N	F Nick Burke					15	52.27	Y L	F Bryan Lee	Boys 200 Free							
16	23.81	Y N	F Sean Halloran					16	52.40	Y N	F Joseph Park	1	1:42.11	Y	P Kevin Benson				
17	23.92	Y N	F Bryan Lee					17	52.71	Y	F Nick Burke	2	1:44.75	Y	F Jon Salomon				
18	23.96	Y N	F Peter Dales					18	52.75	Y N	F Mike Dankanich	3	1:45.52	Y	F Tommy Hagerty				
19	24.13	Y N	F Peter Roberson					19	x52.95	Y	F Jp Hong	4	1:47.70	Y	F Sam Iida				
20	24.22	Y N	F Brant Boczek					20	53.09	Y	F Paul Salay	5	1:47.76	Y	F Sam Salganik				
21	24.37	Y N	F Byron Mandell					21	53.20	Y N	F Daniel Landgren	6	1:48.69	Y	F Jake Nelson				
22	24.44	Y	F Joseph Park					22	x53.21	Y L	F Jordan Spalding	7	1:52.61	Y	F Seamus Heneghan				
23	24.46	Y	F Paul Salay					23	53.41	Y N	F Peter Dales	8	1:52.89	Y	F J.r. Gross				
24	24.70	Y N	F Jordan Spalding					24	54.62	Y N	F William Brinkmann	9	1:55.69	Y	F Peter Roberson				
25	24.97	Y N	F David Chengazhacherr					25	54.89	Y	F Pj Thoelecke	10	1:55.81	Y	F Sean Halloran				
26	25.06	Y N	F Pj Thoelecke					26	x56.26	Y	F Byron Mandell	11	1:56.18	Y	F Jordan Spalding				
27	25.48	Y N	F Jack Wells					27	56.33	Y N	F Jack Wells	12	1:57.82	Y	F Jp Hong				
28	25.55	Y N	F William Brinkmann					28	57.31	Y	F David Chengazhacherr	13	x1:58.65	Y	F Daniel Landgren				
29	25.83	Y N	F Tray Cashman					29	57.79	Y N	F Jason Vevang	14	1:58.68	Y	F Steven Clare				
30	25.89	Y N	F Thomas Kosack					30	57.93	Y	F Tray Cashman	15	1:59.08	Y	F Danny Dragman				
31	25.91	Y N	F Justin Zenteno					31	58.53	Y N	F Thomas Kosack	16	2:00.90	Y	F Joseph Park				
32	25.95	Y N	F George Gould					32	58.76	Y N	F Andrew Sochowski	17	2:01.78	Y	F Bryan Lee				
33	x26.41	Y	F Andrew Sochowski					33	59.27	Y N	F Gregory Keslin	18	2:02.40	Y	F William Brinkmann				
34	x26.60	Y	F Jason Vevang					34	x59.68	Y	F Alexander Saarinen	19	2:02.91	Y	F Pj Thoelecke				
35	26.97	Y N	F Jon Griffin					35	x59.76	Y	F Joseph Garvey	20	2:03.10	Y	F Brant Boczek				
36 *	27.12	Y N	F Gregory Keslin					36	x59.81	Y	F George Gould	21	2:03.72	Y	F Byron Mandell				
36 *	27.12	Y N	F Liam McCarthy					37	59.86	Y N	F Justin Zenteno	22	2:04.21	Y	F Nick Burke				
38	27.67	Y N	F Alexander Saarinen					38	x1:00.23	Y	F Atanasov Alex	23	2:10.09	Y	F Davin Laskin				
39	27.80	Y N	F Atanasov Alex					39	1:00.44	Y N	F Liam McCarthy	24	2:11.28	Y	F Mike Dankanich				
40	x28.57	Y	F John Seol					40	x1:00.79	Y	F Jon Griffin	25	2:12.02	Y	F Andrew Sochowski				
41	28.72	Y N	F Ryan Tovcilnak					41	1:03.09	Y N	F John Seol	26	2:12.70	Y	F Jason Vevang				
42	28.80	Y N	F Connor Quirk					42	x1:04.72	Y	F Tucker Nienhaus	27	x2:16.91	Y	F Tray Cashman				
43	28.82	Y L	F Joseph Garvey					43	1:05.66	Y N	F Connor Quirk	28	x2:24.60	Y	F Connor Quirk				
44	x29.06	Y	F Bill Balabanos					44	1:06.41	Y N	F Bill Balabanos	29	2:36.78	Y	F Chad Spalding				
45	29.22	Y N	F Tucker Nienhaus					45	1:06.54	Y N	F Ryan Tovcilnak	Boys 300 Free							
46	29.65	Y N	F Dennis Petlakh					46	1:07.11	Y L	F Chad Spalding	1	2:42.86	Y	F Sam Iida				
47 *	29.89	Y N	F Jack Cahill					47	1:07.47	Y N	F Damian Dziura	2	3:19.92	Y	F Thomas Kosack				
47 *	29.89	Y N	F Chad Spalding					48	1:10.86	Y	F Jack Cahill	3	3:28.51	Y	F Justin Zenteno				
49	29.91	Y L	F Damian Dziura					49	1:11.59	Y	F Dennis Petlakh	4	3:37.14	Y	F Gregory Keslin				
50	30.94	Y N	F Jack Whetsone					50	1:13.79	Y N	F Jack Whetsone	5	3:39.16	Y	F Alexander Saarinen				
51	31.00	Y N	F Matthew Sharobeem					51	1:14.04	Y N	F Matthew Sharobeem	6	3:49.80	Y	F Joseph Garvey				
52	32.46	Y N	F Michael Lichtenstein																
53	32.55	Y N	F Sean Maloney																

Individual Top Times - Including Relay Legs

Times since: 24-Nov-13

Number of Top Times: All Show Yards Only

7	3:57.67 Y	F Connor Quirk	16	x32.28 Y L	F Justin Zenteno	4	28.90 Y N	F Danny Dragman
8	4:05.44 Y	F Tucker Nienhaus	17	32.92 Y L	F Alexander Saarinen	5	30.22 Y N	F Kevin Benson
9	4:05.87 Y	F Jack Cahill	18	x32.94 Y L	F Liam McCarthy	6	30.50 Y N	F Byron Mandell
10	4:07.14 Y	F Chad Spalding	19	33.95 Y L	F Andrew Sochowski	7	30.67 Y L	F Jp Hong
11	4:13.16 Y	F Liam McCarthy	20	35.02 Y L	F Jason Vevang	8	30.68 Y N	F Pj Thoelecke
12	4:19.68 Y	F Bill Balabanos	21	35.23 Y L	F Joseph Garvey	9	33.07 Y N	F Joseph Park
13	4:20.21 Y	F Atanasov Alex	22	35.99 Y L	F Atanasov Alex	10	33.20 Y N	F Thomas Kosack
14	x5:04.50 Y	F Michael Lichtenstein	23	36.16 Y	F John Seol	11	34.30 Y N	F Jason Vevang
Boys 500 Free			24	36.20 Y L	F Chad Spalding	12	34.33 Y N	F Tucker Nienhaus
1	4:34.18 Y	P Kevin Benson	25	37.39 Y	F Tucker Nienhaus	13	34.48 Y N	F Brant Boczek
2	4:37.11 Y	F Sam Iida	26	38.13 Y L	F Jack Cahill	14	35.22 Y N	F David Chengazhacherr
3	4:42.91 Y	F Tommy Hagerty	27	38.27 Y L	F Ryan Tovcilmak	15	35.59 Y N	F Tray Cashman
4	4:54.23 Y	F Jon Salomon	28	38.88 Y	F George Gould	16	35.79 Y N	F Bryan Lee
5	4:54.90 Y	F Sam Salganik	29	38.99 Y	F Bill Balabanos	17	36.03 Y N	F Sean Maloney
6	4:58.53 Y	F Peter Roberson	30	39.11 Y L	F Dennis Petlakh	18	36.04 Y N	F Jon Griffin
7	5:04.03 Y	F Seamus Heneghan	31	40.68 Y L	F Connor Quirk	19	36.22 Y N	F Joseph Garvey
8	5:11.46 Y	F Brant Boczek	32	41.68 Y L	F Matthew Sharobeem	20	38.03 Y	F Jack Wells
9	5:16.58 Y	F J.r. Gross	33	42.53 Y	F Jon Griffin	21	38.11 Y N	F Dennis Petlakh
10	5:18.91 Y	F Jordan Spalding	34	x45.90 Y	F Damian Dziura	22	39.02 Y N	F Gregory Keslin
11	5:21.16 Y	F Peter Dales	35	46.24 Y L	F Sean Maloney	23	39.57 Y N	F Andrew Sochowski
12	5:26.91 Y	F William Brinkmann	36	47.54 Y L	F Michael Lichtenstein	24	40.48 Y N	F Michael Lichtenstein
13	x5:27.61 Y	F Joseph Park	37	48.61 Y	F Jack Whetsone	25	40.89 Y	F Liam McCarthy
14	5:28.98 Y	F Danny Dragman	38	x1:07.58 Y L	F Tray Cashman	26	42.96 Y N	F Alexander Saarinen
15	5:30.75 Y	F Daniel Landgren	Boys 100 Back			27	43.10 Y N	F Jack Cahill
16	5:33.43 Y	F Bryan Lee	1	52.50 Y	P Jake Nelson	28	43.12 Y	F John Seol
17	5:34.56 Y	F Pj Thoelecke	2	53.42 Y	F Sam Iida	29	45.27 Y N	F Justin Zenteno
18	5:35.75 Y	F Steven Clare	3	55.01 Y	F Sam Salganik	30	46.19 Y	F Bill Balabanos
19	5:42.57 Y	F Byron Mandell	4	55.76 Y	F Kevin Benson	31	x48.76 Y	F Chad Spalding
20	5:50.71 Y	F Andrew Sochowski	5	56.82 Y	F Paul Salay	32	50.81 Y N	F Jack Whetsone
21	5:53.86 Y	F Jason Vevang	6	58.75 Y	F Tommy Hagerty	Boys 100 Breast		
22	5:57.01 Y	F Thomas Kosack	7	59.25 Y	F Seamus Heneghan	1	1:01.05 Y	F Sam Iida
23	5:59.18 Y	F Sean Halloran	8	1:02.27 Y	F Thomas Kosack	2	1:04.82 Y	F Jp Hong
Boys 25 Back			9	1:03.08 Y	F Bryan Lee	3	1:05.75 Y	F Danny Dragman
1	12.58 Y	F Sam Salganik	10	1:03.52 Y	F David Chengazhacherr	4	1:05.94 Y	F Peter Dales
2	13.50 Y	F Paul Salay	11	1:04.42 Y	F Sean Halloran	5	1:06.15 Y	F Kevin Benson
3	14.55 Y	F David Chengazhacherr	12	x1:05.58 Y	F Mike Dankanich	6	1:07.50 Y	F Pj Thoelecke
4	17.96 Y	F Jason Vevang	13	1:05.77 Y	F William Brinkmann	7	1:07.63 Y	F Byron Mandell
5	25.52 Y L	F Sam Iida	14	1:06.30 Y	F Peter Roberson	8	1:08.06 Y	F Seamus Heneghan
6	29.36 Y L	F Thomas Kosack	15	1:08.19 Y	F Daniel Landgren	9	1:12.03 Y	F Joseph Park
Boys 50 Back			16	1:08.31 Y	F Jordan Spalding	10	1:13.69 Y	F Jason Vevang
1	24.35 Y L	P Jake Nelson	17	1:08.39 Y	F Nick Burke	11	1:14.52 Y	F Thomas Kosack
2	24.64 Y L	F Sam Iida	18	1:08.61 Y	F Davin Laskin	12	1:15.57 Y	F Bryan Lee
3	26.44 Y L	F Kevin Benson	19	1:11.93 Y	F Pj Thoelecke	13	1:16.35 Y	F Brant Boczek
4	26.53 Y L	F Sam Salganik	20	1:13.19 Y	F Jason Vevang	14	1:16.64 Y	F Tray Cashman
5	x26.73 Y L	F Paul Salay	21	1:14.02 Y	F Andrew Sochowski	15	1:19.81 Y	F William Brinkmann
6	27.27 Y L	F Tommy Hagerty	22	1:17.38 Y	F Tray Cashman	16	1:22.72 Y	F David Chengazhacherr
7	27.91 Y L	F Seamus Heneghan	Boys 25 Breast			17	1:32.26 Y	F Andrew Sochowski
8	28.23 Y L	F Bryan Lee	1	13.78 Y	F Kevin Benson	Boys 25 Fly		
9	29.15 Y L	F Thomas Kosack	2	13.90 Y	F Jp Hong	1	11.99 Y	F Daniel Landgren
10	30.13 Y L	F David Chengazhacherr	3	15.12 Y	F Byron Mandell	2	12.18 Y	F Joseph Park
11	x30.64 Y L	F Sean Halloran	4	16.71 Y	F Pj Thoelecke	3	13.68 Y	F Bryan Lee
12	x30.83 Y L	F Gregory Keslin	Boys 50 Breast			4	14.55 Y	F William Brinkmann
13	x30.93 Y L	F Jack Wells	1	26.74 Y N	P Sam Iida	Boys 50 Fly		
14	31.05 Y L	F William Brinkmann	2	26.93 Y N	F Jon Salomon	1	23.12 Y N	F Jon Salomon
15	31.58 Y	F Jordan Spalding	3	28.80 Y N	F Peter Dales	2	23.31 Y N	F Sam Salganik

Individual Top Times - Including Relay Legs

Times since: 24-Nov-13

Number of Top Times: All Show Yards Only

3	24.40	Y N	F Steven Clare	Boys 100 IM	3	299.45	F Patrick Tener			
4	24.65	Y N	F Seamus Heneghan	1	55.48	Y	F Sam Iida	4	287.60	F Hart Haffner
5	25.31	Y N	F Joseph Park	2	59.44	Y	F Joseph Park	5	243.25	F Trevor Burke
6	25.55	Y N	F Daniel Landgren	3	1:05.93	Y	F Thomas Kosack	6	210.70	F Brendan Fotillas
7	25.56	Y N	F Davin Laskin	4	1:06.64	Y	F Brant Boczek			
8	26.53	Y N	F Tommy Hagerty	5	1:09.96	Y	F Gregory Keslin			
9	27.51	Y N	F Jp Hong	6	1:11.79	Y	F Jack Wells			
10	27.66	Y N	F Mike Dankanich	7	1:12.43	Y	F Joseph Garvey			
11	27.71	Y N	F Sean Halloran	8	1:13.11	Y	F Liam McCarthy			
12	27.90	Y N	F Bryan Lee	9	1:14.17	Y	F Tucker Nienhaus			
13	28.37	Y N	F Jason Vevang	10	1:17.80	Y	F Alexander Saarinen			
14	28.71	Y N	F Nick Burke	11	1:19.05	Y	F Justin Zenteno			
15	28.72	Y N	F Andrew Sochowski	12	1:20.58	Y	F George Gould			
16	29.12	Y	F Brant Boczek	13	1:23.83	Y	F Atanasov Alex			
17	29.20	Y	F Peter Roberson	14	x1:25.34	Y	F Chad Spalding			
18	29.98	Y N	F Liam McCarthy	15	1:25.45	Y	F Bill Balabanos			
19	30.26	Y N	F Byron Mandell	16	1:26.07	Y	F Jon Griffin			
20	30.66	Y N	F William Brinkmann	17	1:30.66	Y	F Michael Lichtenstein			
21	30.78	Y	F Jack Wells	18	x1:31.72	Y	F Dennis Petlakh			
22	31.33	Y N	F Atanasov Alex	Boys 200 IM						
23	31.42	Y	F Gregory Keslin	1	1:54.70	Y	F Sam Iida			
24	32.55	Y	F Bill Balabanos	2	1:55.34	Y	F Jon Salomon			
25	32.87	Y	F Justin Zenteno	3	2:02.52	Y	F Kevin Benson			
26	32.99	Y N	F Alexander Saarinen	4	2:03.30	Y	F Sam Salganik			
27	34.07	Y N	F Ryan Tovcilnak	5	2:06.51	Y	F Joseph Park			
28	36.25	Y	F George Gould	6	2:07.23	Y	F Jake Nelson			
29	37.05	Y N	F Connor Quirk	7	2:09.37	Y	F Peter Dales			
30	37.21	Y N	F Damian Dziura	8	2:12.35	Y	F Bryan Lee			
31	37.94	Y	F Joseph Garvey	9	2:13.93	Y	F Paul Salay			
32	39.52	Y N	F Jon Griffin	10	2:16.75	Y	F Steven Clare			
33	39.63	Y N	F Chad Spalding	11	2:19.22	Y	F Pj Thoelecke			
34	40.69	Y	F Jack Cahill	12	2:19.26	Y	F Jp Hong			
35	x43.43	Y	F John Seol	13	2:19.71	Y	F Jordan Spalding			
36	45.79	Y	F Matthew Sharobeem	14	2:21.25	Y	F Thomas Kosack			
Boys 100 Fly				15	x2:21.74	Y	F Mike Dankanich			
1	52.04	Y	F Jon Salomon	16	2:22.30	Y	F J.r. Gross			
2	52.31	Y	F Sam Salganik	17	2:22.63	Y	F Nick Burke			
3	54.52	Y	F Steven Clare	18	2:23.81	Y	F Sean Halloran			
4	54.99	Y	F Tommy Hagerty	19	2:26.39	Y	F Jason Vevang			
5	55.90	Y	F Joseph Park	20	2:26.70	Y	F William Brinkmann			
6	56.02	Y	F Daniel Landgren	21	2:27.15	Y	F Brant Boczek			
7	56.09	Y	F Jake Nelson	22	2:29.85	Y	F Byron Mandell			
8	56.22	Y	F Kevin Benson	23	2:34.74	Y	F Andrew Sochowski			
9	1:02.85	Y	F J.r. Gross	24	x2:43.28	Y	F Tray Cashman			
10	1:03.19	Y	F Andrew Sochowski	Boys 1 Meter 6 Dives						
11	1:03.35	Y	F Jp Hong	1	293.90		F Alexander Prybylo			
12	1:03.70	Y	F Mike Dankanich	2	275.10		F Aaron Ach			
13	1:03.78	Y	F Jason Vevang	3	219.95		F Brendan Fotillas			
14	1:03.81	Y	F Bryan Lee	4	174.70		F Alex Jackman			
15	1:04.98	Y	F Sean Halloran	5	170.70		F Patrick Tener			
16	1:05.22	Y	F Davin Laskin	6	167.10		F Trevor Burke			
17	1:05.72	Y	F Nick Burke	7	151.90		F Hart Haffner			
18	1:06.92	Y	F Thomas Kosack	Boys 1 Meter 11 Dives						
19	1:10.19	Y	F Byron Mandell	1	446.35		F Aaron Ach			
20	x1:13.25	Y	F Sam Iida	2	307.05		F Alexander Prybylo			

Glenbrook South's
Jaye Nelson
competes in a meet
against Glenbrook
North on Friday, Dec.
13, in Northbrook.
MICHAEL LIBERMAN/22ND
CENTURY MEDIA

THEY'RE BACK

Perennially strong Titans flex muscles against rival Spartans in early-season meet, Page 30

Glenbrook South swimmers looking for a trophy — again

BY PHIL ENGLISH
Special to the Tribune

Glenbrook South's boys swim team has had their fair share of success in recent years, with a second-place state trophy in 2006 and third-place finishes in 2007 and 2008.

Heading into this season, the 2013 Titans swim club wasn't expected to be considered in the same class as their successful predecessors. And that's exactly how coach Keith MacDonald likes it.

"We want to go into any season hoping that we'll finish amongst the top 10 teams at the state meet," said MacDonald, in his ninth year as the Glenbrook South coach. "And we're fortunate to have been there most of the time. But a lot of things have to come into play to try and get one of those trophies."

"It's not really anything we've talked about this year. And to be honest, I don't think anyone in the swimming community consid-

ered us a trophy team heading into this year. Hopefully that will change."

The Titans look like a team ready to make its presence felt. After winning the Glenbrook North Spartan Sprint Classic two weeks ago, the Titans also came away with the title at the recent Deerfield Relays and are 3-0 in dual meets.

Senior Jake Nelson, a returning state qualifier in the 100 back and classmate Kevin Benson, a qualifier in the 200 and 500 frees are setting the pace for the Titans, swimming some of the best times of their careers. And along with junior Jon Salomon, who finished third in the 200 IM last year, Glenbrook South has three solid swimmers to spread around several events.

Where the Titans are a bit surprising is in the presence of sophomore Sam Salganik, whom MacDonald says is having a breakthrough year, and freshman Sam Iida, who won one individual event and finished second in another at

Glenbrook North to help the Titans to a convincing win.

"They're all pretty motivated athletes, and it helps to have someone like Jon on the team who's going to train extremely hard in practice," MacDonald said. "Everyone else has to raise their level to keep up. It's been a real motivation for the team so far."

The biggest tests of the year for Glenbrook South are in January when they will have dual meets with New Trier and Evanston and take part in the tough Evanston Invitational. After that stretch, MacDonald will know better if this team is very good, or trophy-caliber good.

"We've got some pretty good athletes and we were hoping that everyone would come together early, and so far that's turned out pretty well," MacDonald said. "We've got some pretty good challenges coming up. But it's the end of the year that's the defining moment for any team."

Glenbrook South coasts to victory over North

Titans takes 10 of 12 events to win 126-55

NEIL MILBERT, Staff Writer

Glenbrook South seems destined to remain one of the state's elite boys swimming teams, while Glenbrook North appears to be a work in progress this season.

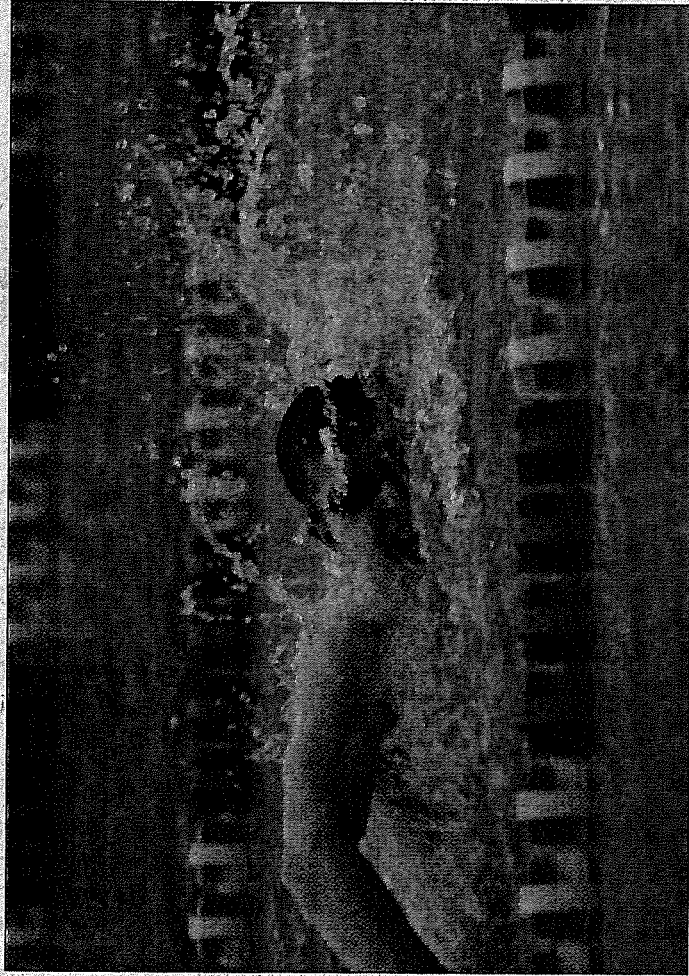
Those observations are based on what transpired when the teams met Friday, Dec. 13, at GBN.

Coach Keitr MacDonald's Titans took 10 of the 12 events en route to a 126-55 triumph.

South was dominant even though its most accomplished swimmer, junior Jon Salomon, only participated in the Titans' first-place 200-yard medley relay.

"Jon is a superstar for sure," said MacDonald, whose GBS teams have finished in the top 10 at the state meet five times in his eight previous seasons. "Jon placed second in the 200-yard individual medley at the state tournament and he also was a finalist in the breaststroke."

"He only swam in the first relay today because he's a little under the weather."



Glenbrook South's Kevin Benson swims in a meet against Glenbrook North on Friday, Dec. 13. PHOTOS BY MICHAEL LIBERMAN/22ND CENTURY MEDIA

In the forefront for GBS were seniors Jake Nelson and Kevin Benson, sophomore Sam Salganik and freshman Sam Iida.

Making a comeback after having problems with the rotator cuff in his right shoulder during the summer, Nelson swam the first leg for the 200 medley relay and captured two individual events, the 50 freestyle (22.90 seconds) and the 100

backstroke (54.46). "I strained the rotator in early July and was out for 10 weeks," Nelson said. "I spent two or three weeks with my arm in a sling and then could only go to physical therapy."

"I jumped back into it in the fall season like nothing happened, and I got my rear end kicked but now I'm ready for our season."

MacDonald said he is

"hoping for big things from Jake — he's a returning state qualifier in the backstroke."

Benson is also a returning qualifier in the backstroke. Against GBN, he won the 200 free (1:47.30), was second in the 100 back and was a member of the relay teams that finished first in the 200 free and the 400 free.

Iida won the 200 individual medley (2:03.39) and the 500 free (4:50.29), was



South's Sam Iida swims the backstroke.



The Titans' JP Hong takes a deep breath during a race at Glenbrook North.

a member of the first-place 400 free relay team and the second-place 200 medley relay team.

Salganik was first in the

100 butterfly (1:54.05) and second in the 200 freestyle, and swam the last leg for the victorious 200 medley relay team.

Boys Swimming

Titan Sweep CSL Crossover Meet

www.journal-to

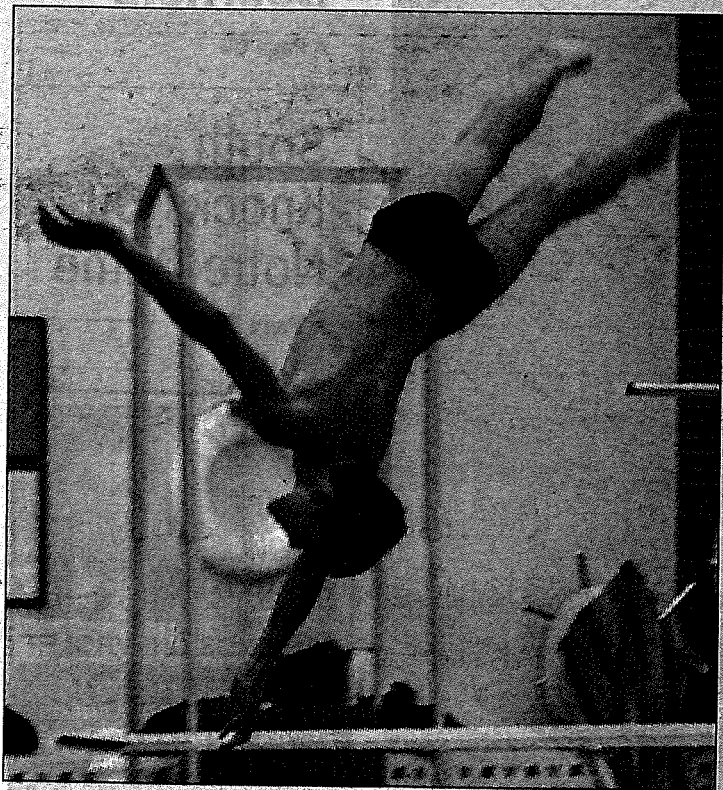
Glenbrook South proved again they are a force in Central Suburban League swimming by dominating Deerfield, 133-53, on Friday, Dec. 20.

The Titans won all 12 events in the varsity meet to go along with 12 wins in JV and 12 wins by the freshmen, who went without any competition from Deerfield.

Jon Salomon won two events (200-yard IM and 500-yard free), but he wasn't the only multiple winner for the Titans who got two wins from Kevin Benson (100-yard free and 100-yard breast) and Sam Iida (100-yard back and 50-yard free).

Sam Salganik won the 200-yard free and Jake Nelson won the 100-yard fly while Aaron Ach took the 1-meter diving event for South.

Against Deerfield



Brendan Fontillas competes for Glenbrook South's freshman diving team against Deerfield on Friday, Dec. 20 at Glenbrook South. (Dion Martorano/Journal photos)



Glenbrook South's Sam Salganik pops up for some air during the 500-yard freestyle on Friday, Dec. 20 at Glenbrook South.

GBS falls to state powerhouse New Trier

Titans earn small victories in loss

DANIEL I. DORFMAN, Staff Writer

Two highly ranked, undefeated teams entered a dual Friday night at New Trier, yet each squad came with a different perspective.

Despite an unscathed mark, Glenbrook South realized knocking off three-time defending state champion New Trier would be a major undertaking. That sentiment proved to be correct as the Trevians overwhelmed the Titans, 102-84, Jan. 31.

"We thought we had a chance going in," GBS coach Keith McDonald said. "In order to win, they would have had to swim poorly and we would have to swim great. I thought we swam very well, but to their credit, I thought they swam great."

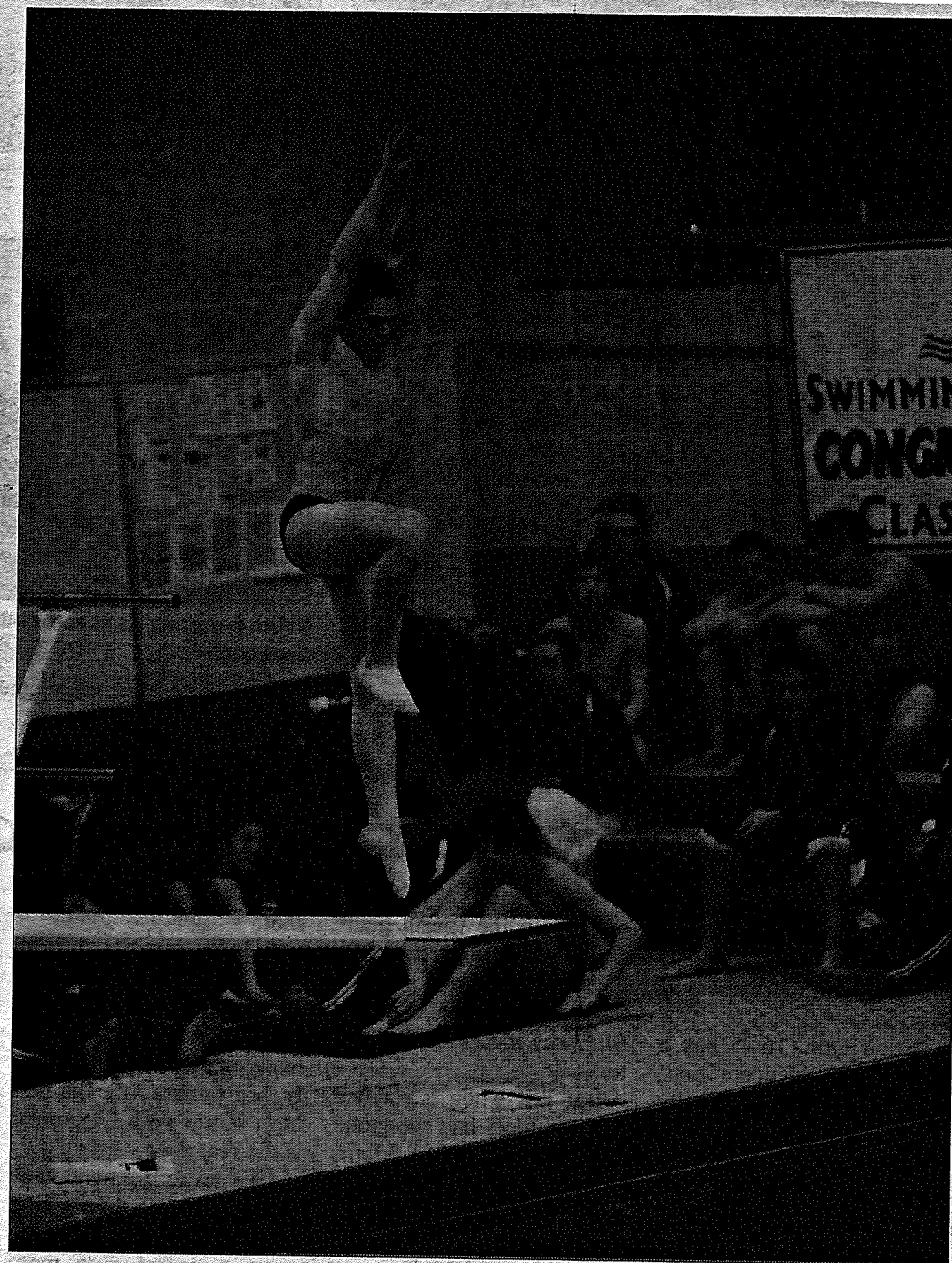
The Trevians went into their own pool with far more confidence.

"I felt if we swam well, we would win," noted New Trier coach Mark Onstott. "But hey are tough. It was a very challenging meet."

The tone was set with the 200-yard medley relay, the initial race of the evening. GBS believed a win there might put the momentum on its side, and the Trevians wanted to take control early.

It all boiled down to a fraction of a second as the New Trier top team — which includes superstars Jae Park and Connor Fotsch — came out at 1 minute, 38.54 seconds, setting by a Titans quartet featuring Jon Salomon and Jake Nelson that finished at 1:38.58. By also grabbing third place in the 200 medley, the Trevians took a lead they could not surrender.

"They were trying to go



Glenbrook South's Aaron Ach prepares to dive into the pool during a meet against New Trier. PHOTOS BY HELENA RAHEYAN/22ND CENTURY MEDIA

one, three in the medley relay and we were able to break that up," Onstott said. "We went one, three and that was a major shift."

GBS was philosophical about that first race.

"We just got out-touched," Salomon said. "It was a good

time for everybody."

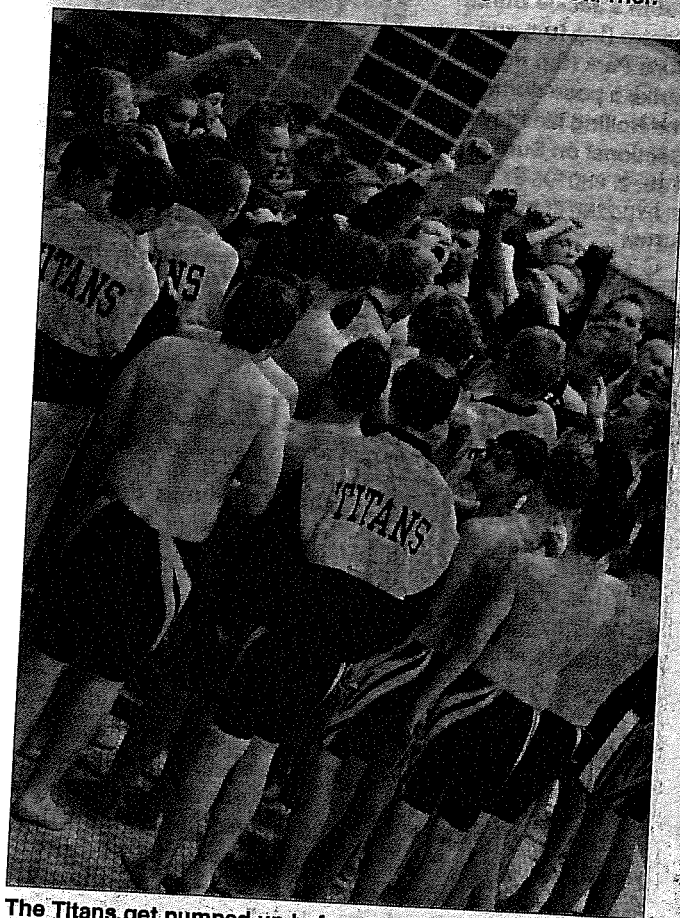
That race steered the Trevians toward victory as they took the first three events of the night on their way to their triumph.

As the night progressed, there were some other notable wins for New Trier

including Murphy McQuet taking the 200 freestyle at 1:45.38 and the 100 butterfly at 52.74. Then there was Park, who continued to show why he is one of the top swimmers in the state, by picking up the 200 individual medley at 1:53.52.



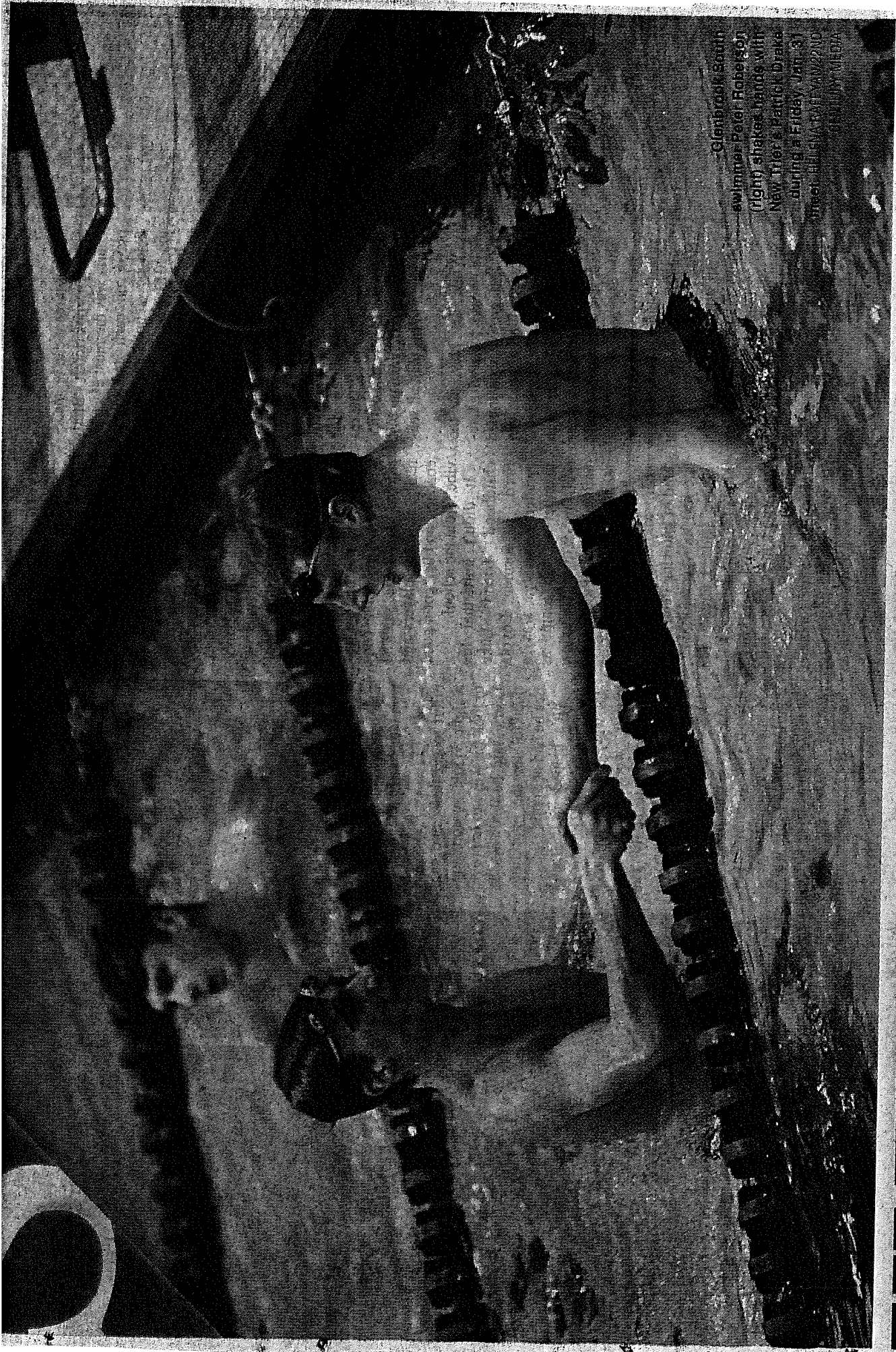
South's Byron Mandell (center) swims against New Trier.



The Titans get pumped up before the meet.

For GBS, highlights included Salomon establishing a season-best time of 21.05 on his way to taking the 50 free. Kevin Benson won the 500 free at 4:51.92, and the Titans pulled out the 200 free relay at 1:27.94.

"It was closer than years past," Salomon said of the night as a whole. "They are one of the best teams, if not the best team, in the state, so it was really good to get as close as we can. We had some good races."



Glenbrook South swimmer Peter Robertson (right) shakes hands with New Trier's Patrick Drake during a Friday Jan. 31 meet. BURLINGTON JOURNAL/STAFF PHOTOGRAPHER JIMMY MEDIA

UNTIL NEXT TIME

GBS tests three-time defending state champ New Trier, Page 36



Medal stand-out: Jon Salomon, seen here accepting a first-place medal at the Evanston Invite in January, is clocking impressive times for the Glenbrook South swim team.

PHOTOGRAPHY BY JOEL LERNER

Accent on speed

Glenbrook South's Salomon excelling in freestyle sprints

■ BY BILL MCLEAN
SPORTS@NORTHSHOREWEEKEND.COM

Listen to Glenbrook South junior water dart Jon Salomon speak for a couple of minutes and you will hear a hint of a Boston accent.

"He does something with his r's, the way he pronounces them," Titans senior swimmer Seamus Heneghan says. "We like to give him a hard time, but he's a good sport when we do that."

The curious thing about Salomon's accent is its origin.

Before moving to the GBS school district prior to his freshman year, he and his family lived in Park Ridge, far, far way from Fenway "Pahk."

"I have no idea where I got [the accent]," Salomon says.

The language of his sport is primarily time, and the 21.05 he clocked in the 50-yard freestyle in a dual with New Trier last month was certainly distinctive. And loud.

Nobody in Illinois this winter has clocked a faster time in the event.

"Jon always goes as hard as possible in the 50 free, really goes after it," says

Heneghan, also a sprinter. "I try to save myself."

"Maybe I should try to swim it the way Jon does."

Salomon also excels in the 100 free and 200 IM. His season-best time in the 100 free is 46.89 (No. 2 in Illinois in 2013-14) and only three others have gone faster in the 200 IM than Salomon (1:55.34) has this season.

"Jon is all in, in everything," Titans coach Keith MacDonald says. "He brings an intensity to our practices that makes our team better."

MacDonald won't decide until after this weekend's CSL South meet in the home water whether to slot Salomon — also a burner as a butterfly — in two individual events and two relays, or one individual event and three relays for the state series. Either decision would suit the 6-foot-2, 160-pound Salomon, a GBS fan first.

"Our team is a lot stronger this year, I'm excited about it," Salomon says. "Guys are tapering later. A bigger group is training in the mornings."

Last year's Titans finished in a tie for 18th place at state, with Salomon touching third in the 200 IM (1:50.95) and ninth in

the 100 breaststroke (58.09) and swimming the lead-off leg of the ninth-place 200 free relay (1:25.81).

"What he did in that relay (20.8 split) got us all pumped," says Heneghan, a rookie state qualifier and leg No. 3 for the unit, which also included current senior Kevin Benson and 2013 graduate Tommy Cahill. "Energy — it gave me so much energy."

Salomon got the chlorine bug while watching his older brother, Andrew, win an age-group swim championship in the 100 free.

"I thought, 'Why not try swimming?' " the younger brother recalls.

Jon Salomon embraced the sport, even the most challenging aspects of it, from the sometimes interminable practice sessions to the toll it took on his body.

"It's about waking up early for practices when nobody else is up, working hard and getting out of it what you put into it," Salomon says. "I enjoy all of that. When you swim, you know where you stand [among peers]. It's not an opinion sport like basketball, where people debate who the best guard is or who the best forward is. The sport of swimming ... it plays no favorites." ■

Fun in the ol' 500 free

GBS's Lida, Benson enjoy the 'chase' at sectional meet

■ BY BILL MCLEAN
SPORTS@NORTHSHOREWEEKEND.COM

Ask most 500-yard freestyle swimmers about what's fun about the grueling race and you're likely to get one of two responses: "Not much."

A quizzical look.

But Glenbrook South High School teammates Sam Lida and Kevin Benson — seeded 1-2 in the event — sought to have a blast throughout the distance race at the Glenbrook North Sectional on Feb. 22.

"Our thinking was, 'Just have fun and chase each other,'" Lida, a freshman, said after touching first in 4:38.8, ahead of New Trier sophomore Max Robertson (4:39.59) and Benson (third-place and state-qualifying 4:39.78).

Lida's time ranks fifth among state qualifiers in the event; Benson, a senior, clocked the eighth-fastest time in the state last weekend.

"Awesome ... Sam was awesome," said Titans assistant coach Dave Lieberman, who filled in for head coach Keith MacDonald (eye surgery). "He was smooth and he got stronger as the race progressed."

"I knew he'd do well in it after his 200 IM [runner-up and state-qualifying time of 1:54.7], when he told me he was feeling good."

Lida likes the first 100 yards of the 500 free, a stretch in which he lets his energy dictate matters. After about 300 yards of the race, Lida's body from the neck down begins to rebel — and, in a way, speaks a fierce language.



Sam Lida, Glenbrook South freshman, celebrates after winning the 500 freestyle at the GBN Sectional.

PHOTOGRAPHY BY JOEL LERNER

with junior Jon Salomon, sophomore Sam Salganik and senior Jake Nelson.

Salomon surfaced as a three-time winner, topping the 50 free (21.04) and 100 free (46.48) fields and swimming the second leg of the victorious 200 free relay (1:26.7) with Salganik, Nelson and senior Seamus

"At that point it's pretty painful and I remind myself, 'I trained hard for this. Why not keep going hard, why not give it my all?'" said Lida, whose father, Steve, is the head coach of the Glenview Titan Aquatic Club. Lida also qualified for state as a member of the runner-up 200 medley relay (1:36.68;

Henehan).

Only two other state qualifiers swam faster than Salomon did in the 100 free at sectionals last weekend. He ranks fourth among state qualifiers in the 50 free.

South's Titans collected 12 state berths in all and finished second (226) behind New Trier (252) at the highly competitive 13-team sectional.

Nelson also advanced to state in the 100 backstroke (2nd, 52.68) and Benson extended his season in the 200 free (3rd, 1:43.28) and 400 free relay (runner-up 3:10.66; with Nelson, Salganik and Henehan; the time was swift enough for a sixth seed).

Salganik took third in the 100 butterfly in a state-qualifying 52.31, and Titans junior Aaron Ach became a three-time state qualifier in diving when he placed fourth (446.85 points).

"What do I like about Aaron?" Titans diving coach Laura Duffy said. "What's not to like? He's very, very powerful and he's really committed. Easy to coach, too."

Notable: MacDonald underwent surgery for a detached retina on Feb. 20 and will likely have to stay home during the state meet. "He's doing fine," Lieberman said. "But recovery from that kind of surgery is two weeks minimum." ... Henehan medaled in the 50 free (6th place, 22.21) but did not qualify for state. ... Titans sophomore Tommy Hagerty missed qualifying for state in the 200 free by an agonizing four-tenths of a second, clocking a seventh-place 1:45.52. He had entered the sectional with a seed time of 1:46.01. ■

PREPS PLUS



JOHN J. KIM/TRIBUNE PHOTO

New Trier's Jae Park swims the anchor leg Friday in the 400-yard freestyle relay prelims. The Trevians senior will defend four titles Saturday.

BOYS SWIMMING STATE CHAMPIONSHIPS

Pressure on Trevians

4 teams have chance to stop New Trier from taking 4th straight title

BY MICHAEL STAINBROOK
Tribune reporter

New Trier's reign as the three-time defending boys swimming state champion is in jeopardy.

Four teams positioned themselves to dethrone the Trevians thanks to strong performances Friday during the state meet preliminaries at Evanston.

Hinsdale Central, Libertyville, Naperville Central and Normal University have a shot at the team title, leaving the Trevians in the unfamiliar position of having a lot of company atop the leaderboard. Glenbrook South also could contend for a trophy.

"It's obviously a lot different than the past couple years," New Trier senior Jae Park said. "Our motives were the same. No matter what the result is, if you gave everything, there's not going to be any regrets."

Teams do not earn points

during the preliminary round but can position themselves for a title run by qualifying as many swimmers for the finals in as many events as possible. Each swimmer or relay team that qualified for Saturday's championship and consolation heats is guaranteed to win points. The top six qualifiers in each event compete in the finals.

The top five teams, including New Trier, qualified at least two relays and three individuals for Saturday's championship heats.

"I have great faith in our kids,"

Naperville Central coach Mike Adams said. "They came in here today, they were not highly ranked, and they came out and swam very well."

Jake Miller anchored Normal U-High by qualifying in the 200-yard individual medley, 500 freestyle and both freestyle relays.

New Trier's Park will swim in defense of all four of his state titles, including two relays.

Libertyville's Alex Snarski also qualified for four championship heats.

Trevians enjoy several standout swims

BY MATT HARNESSE
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NORTHBROOK—New Trier senior Jae Park put together another raise-worthy performance at the Glenbrook North Sectional meet, winning two individual events and winning on two winning relays.

Park finished first in the 200-yard individual medley (1 minute, 24.0 seconds), 100 breaststroke (7:52), 200 medley relay (1:36.36) and 400 free relay (8:08.94) Saturday. His success helped the Trevians capture the sectional title with 252 points. His times in the 100 IM and 100 breaststroke were pool records. The 400 free relay also established a pool record.

But Park, a two-time individual state champion, mostly wanted to talk about his teammates.

"We had some guys who swam out of their minds," said Park, who aimed just about everybody in the sectional lineup. "The 400 time was insane."

In addition to Park, junior Murphy McQuet, junior Tomo Sharpe and senior Connor Fotsch helped set the new 400 free relay standard at Glenbrook North.

Park also marveled at Max Robertson's swim in the 500 free. In an event he picked up this season, the sophomore took second in 4:39.59 to qualify for this weekend's state meet at Evanston.

"He surprised me," Park said. "We saw his potential to be this good throughout the season, and he really came through [Saturday]. That time was so fast."

The three-time defending state champion Trevians advanced 11 individuals and all three relays to the state meet, which is scheduled for Friday and Saturday. It will be the last meet for New Trier coach Mark Onstott, who is retiring after 10 seasons.

"The guys are ready, and we are pumped up for it," Park said.

Loyola

None of the Ramblers' relay teams swam under the state cuts



New Trier's Jae Park swims to victory in the 200-yard individual medley at the Glenbrook North Sectional on Saturday. Park had a hand in three pool records during the meet.

JUDY FIDKOWSKI/FOX SUN-TIMES MEDIA

during the regular season.

But they all advanced to the state meet.

"Now, I am happy," Loyola coach Mike Hengelmann said following the final race of the sectional meet.

While the 200 medley and 400 free relays had time to spare, the 200 free team barely qualified with its 1:27.89. Loyola needed every bit of sophomore Christopher Kearney's 21.44 leg to survive the 1:27.98 cut. Senior George Finn, senior Cameron Shewchuck and senior Michael Zahorik rounded out the foursome.

"That race shaved a year off my life," Hengelmann joked.

Finn was one of four members on the team to qualify for the state meet as an individual. He advanced in the 50 free (21.80). Kearney got through in the 100 free (46.84).

Divers Christopher Canning and Ryan Nash both extended their seasons another week. Canning, a freshman, scored 452.45 points, while Nash, a junior, earned 407.10 during Saturday's morning session.

"We've been scrapping all season," said Hengelmann, whose team went undefeated in dual meets and captured the Catholic League championship. "We really had some great races."

Glenbrook North

Two seasons ago, Jack Brierton was swimming for Glenbrook North's JV team.

Saturday at the sectional meet at his home pool, the senior earned his first trip to the state meet. Brierton advanced in both the 50 free (21.82) and 100 free (47.90) as an at-large qualifier. He also swam on the 200 free relay (1:27.79) and 400 free relay (8:11.77), both of which will swim Friday at Evanston in the state preliminaries.

The first-place finishers in each event advanced, along with those entrants that met the state standard.

"At practice this week, you could tell this was coming," Glenbrook North coach Josh Runkle said. "It's pretty cool."

Runkle said Brierton probably could have swam with the varsity as a sophomore, but the coach kept him at the lower level to train with Rob Bond, an assistant in the program who is proficient in the sprint events.

"I just wanted Jack to have a little more instruction and attention," said Runkle, whose club came in fourth with 155.50 points.

Saturday was the ultimate reward.

"It all paid off," he said.

Brierton was joined by sophomore Mark Scheider, senior Patrick Gosciminski and senior Victor Qiao on the 200 free relay. The four also comprised the 400 free relay.

Glenbrook South

The Titans swam without Keith MacDonald on deck Saturday after the coach underwent surgery on Feb. 20 to repair a detached retina in his right eye.

"We are all very close to him, and it was tough not having him out here," said Glenbrook South

senior Kevin Benson, who qualified for the state meet in the 200 free (1:43.28) and 500 free (4:39.78). "He told us clearly that we were strong enough to go on without him."

Glenbrook South did its coach proud by taking second as a team with 226 points. The Titans led the meet after the first two breaks before New Trier overtook them at the end to win with 252 points.

Junior Jon Salomon won two individual events—the 50 free (21.04) and 100 free (46.48)—and swam on the state-bound 200 free relay (1:26.70). Senior Seamus Heneghan, sophomore Sam Salganik and senior Jake Nelson teamed up with Salomon on the relay.

Freshman Sam Iida was Glenbrook South's other individual winner, finishing first in the 500 free (4:38.80). He said he dropped "seven or eight" seconds off of his previous personal best.

"This is just the start," said Iida, whose father is the head coach for the Glenview Titan Aquatic Club. "It can get better."

TOP 40 ALL-TIME GBS SWIMMING - 3/2/2014

Psych Sheet

#3 Boys 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Cordes, Colin	08	GBS-IL	1:38.19
2 Benson, Kevin	14	GBS-IL	1:42.11
3 Stetson, Lynn	79	ALUM-IL	1:42.90
4 Connor, J.J.	12	GBS-IL	1:43.89
5 Salomon, Jon	15	GBS-IL	1:44.75
6 Spalding, Ethan	13	GBS-IL	1:44.77
7 Woodrow, Matt	07	GBS-IL	1:45.52
8 Hagerty, Tommy	16	GBS-IL	1:45.52
9 Hengels, Ben	09	GBS-IL	1:45.69
10 Hwang, Paul	08	GBS-IL	1:46.12
11 Halfen, Mike	10	GBS-IL	1:46.13
12 Schmitt, Andrew	07	GBS-IL	1:46.79
13 Dudko, Greg	08	GBS-IL	1:46.81
14 Cubelic, Dominik	10	GBS-IL	1:47.35
15 Iida, Sam	17	GBS-IL	1:47.70
16 Salganik, Sam	16	GBS-IL	1:47.76
17 Demeritzis, Zach	10	GBS-IL	1:48.04
18 Simmons, Dean	79	ALUM-IL	1:48.40
19 Nelson, Jake	14	GBS-IL	1:48.69
20 Stetson, Todd	76	ALUM-IL	1:48.77
21 Bach, Ryan	11	GBS-IL	1:48.81
22 Stetson, Brad	75	ALUM-IL	1:48.90
23 Park, Jay	06	GBS-IL	1:49.11
24 Stewart, Andy	01	ALUM-IL	1:49.50
25 Nimrod, Tommy	09	GBS-IL	1:49.77
26 Gravengood, Chase	04	ALUM-IL	1:50.14
27 Kerndt, Nick	09	GBS-IL	1:50.42
28 Tracy, Greg	00	ALUM-IL	1:50.81
29 Rohrer, Tom	75	ALUM-IL	1:51.00
30 Hotaling, Chris	91	ALUM-IL	1:51.16
31 Bleser, Philip	89	ALUM-IL	1:51.56
32 Gibson, Dave	75	ALUM-IL	1:51.82
33 Johnson, Ben	08	GBS-IL	1:52.05
34 Porter, William	11	GBS-IL	1:52.54
35 Christman, John	72	ALUM-IL	1:52.60
36 Heneghan, Seamus	14	GBS-IL	1:52.61
37 Corley, Scott	88	ALUM-IL	1:52.65
38 Gross, J.R.	14	GBS-IL	1:52.89
39 Boothe, Pat	77	ALUM-IL	1:52.90
40 McKeivitt, Mike	79	ALUM-IL	1:52.90

#4 Boys 200 Yard IM

Name	Yr	School	Seed Time
1 Salomon, Jon	15	GBS-IL	1:50.95
2 Hengels, Ben	09	GBS-IL	1:53.18
3 Iida, Sam	17	GBS-IL	1:54.70
4 Cubelic, Dominik	10	GBS-IL	1:56.14
5 Schmitt, Andrew	07	GBS-IL	1:59.34
6 Cordes, Colin	08	GBS-IL	1:59.66
7 Gravengood, Chase	04	GBS-IL	1:59.76
8 Park, Jay	06	GBS-IL	2:00.83
9 Bach, Ryan	11	GBS-IL	2:02.12
10 Benson, Kevin	14	GBS-IL	2:02.52
11 Dudko, Greg	08	GBS-IL	2:03.05
12 Salganik, Sam	16	GBS-IL	2:03.30
13 Ryan, Mike	82	GBS-IL	2:04.84
14 Yuvashv, Tim	07	GBS-IL	2:05.57
15 Grayes, Harry	02	GBS-IL	2:05.59
16 Pollick, Thomas	12	GBS-IL	2:05.99

17 Eickenberg, Alex	13	GBS-IL	2:06.47
18 Park, Joseph	17	GBS-IL	2:06.51
19 Roenitz, Kevin	11	GBS-IL	2:06.72
20 Weingartner, Tom	80	GBS-IL	2:06.81
21 Stetson, Lynn	79	GBS-IL	2:06.90
22 Cahill, Tommy	13	GBS-IL	2:06.92
23 Bleser, Philip	89	GBS-IL	2:07.05
24 Nelson, Jake	14	GBS-IL	2:07.23
25 Bolotnikov, Eugene	07	GBS-IL	2:07.78
26 Hwang, Paul	08	GBS-IL	2:08.26
27 Stetson, Todd	76	GBS-IL	2:08.80
28 Boothe, Pat	77	GBS-IL	2:08.84
29 Koh, James	13	GBS-IL	2:08.85
30 Tracy, Greg	00	GBS-IL	2:09.12
31 Dales, Peter	16	GBS-IL	2:09.37
32 Kerndt, Nick	09	GBS-IL	2:09.82
33 Cardin, Chris	84	GBS-IL	2:09.93
34 Hianik, Ryan	12	GBS-IL	2:10.26
35 Carow, Chris	84	GBS-IL	2:10.43
36 Koenig, Ed	77	GBS-IL	2:10.46
37 Regalbutto, Robby	10	GBS-IL	2:10.57
38 Waters, Del	79	GBS-IL	2:10.60
39 Morrison, Tom	92	GBS-IL	2:10.79
40 Hotaling, Chris	91	GBS-IL	2:11.05

#5 Boys 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Cubelic, Dominik	10	GBS-IL	20.18
2 Cordes, Colin	08	GBS-IL	20.72
3 Salomon, Jon	15	GBS-IL	20.76
4 DeLetto, Chris	09	GBS-IL	20.97
5 Bach, Ryan	11	GBS-IL	21.21
6 Pollick, Thomas	12	GBS-IL	21.59
7 Brander, Ryan	12	GBS-IL	21.94
8 Heneghan, Seamus	14	GBS-IL	22.21
9 Hotaling, Chris	91	GBS-IL	22.31
10 McKeivitt, Mike	79	GBS-IL	22.40
11 Cahill, Tommy	13	GBS-IL	22.44
12 Hianik, Ryan	12	GBS-IL	22.49
13 Moynihan, Tyler	05	ALUM-IL	22.50
14 Boothe, Pat	77	GBS-IL	22.50
15 Salganik, Sam	16	GBS-IL	22.55
16 Woodrow, Matt	07	GBS-IL	22.59
17 Stonis, Rob	83	GBS-IL	22.60
18 Stetson, Lynn	79	GBS-IL	22.61
19 Doderio, Louis	88	GBS-IL	22.61
20 Connor, J.J.	12	GBS-IL	22.68
21 Wertke, Scott	75	GBS-IL	22.70
22 Burke, Tim	06	GBS-IL	22.75
23 Dragman, Danny	15	GBS-IL	22.75
24 Hengels, Ben	09	GBS-IL	22.76
25 Bicknell, Matt	89	GBS-IL	22.80
26 Milton, Paul	76	GBS-IL	22.80
27 Weber, Rob	67	GBS-IL	22.81
28 Nelson, Jake	14	GBS-IL	22.81
29 Kozairz, Tony	89	GBS-IL	22.82
30 Meyer, Bob	13	GBS-IL	22.82
31 Stark, Pete	71	GBS-IL	22.90
32 O'Connor, Brett	92	GBS-IL	22.92
33 Clark, Scott	65	GBS-IL	22.95
34 Corley, Bob	84	GBS-IL	22.95
35 Porter, William	11	GBS-IL	22.95

36 Park, Jin	07	GBS-IL	23.03
37 Laskin, Davin	14	GBS-IL	23.03
38 Beckmann, Jamie	99	GBS-IL	23.07
39 Feeney, Andrew	95	GBS-IL	23.10
40 Menches, Barry	81	GBS-IL	23.10
41 Benson, Kevin	14	GBS-IL	23.30

#6 Boys 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Schmitt, Andrew	07	GBS-IL	50.09
2 Cubelic, Dominik	10	GBS-IL	51.02
3 Cordes, Colin	08	GBS-IL	51.94
4 Salomon, Jon	15	GBS-IL	52.10
5 Salganik, Sam	16	GBS-IL	52.31
6 Brander, Ryan	12	GBS-IL	52.65
7 Hianik, Ryan	12	GBS-IL	52.79
8 Porter, William	11	GBS-IL	53.45
9 Gravengood, Chase	04	GBS-IL	53.48
10 Bach, Ryan	11	GBS-IL	53.60
11 Yuvashv, Tim	07	GBS-IL	53.80
12 Bolotnikov, Eugene	07	GBS-IL	54.29
13 Clare, Steven	15	GBS-IL	54.52
14 Zabriskie, Jack	10	GBS-IL	54.86
15 Hagerty, Tommy	16	GBS-IL	54.99
16 Kerndt, Nick	09	GBS-IL	55.04
17 Stetson, Lynn	79	GBS-IL	55.20
18 Hengels, Ben	09	GBS-IL	55.35
19 Waters, Del	79	GBS-IL	55.40
20 Geanuleas, Harry	91	GBS-IL	55.50
21 Carow, Chris	84	GBS-IL	55.63
22 Park, Joseph	17	GBS-IL	55.90
23 Landgren, Daniel	14	GBS-IL	56.02
24 Nelson, Jake	14	GBS-IL	56.09
25 Benson, Kevin	14	GBS-IL	56.22
26 Bolling, Bob	67	GBS-IL	56.30
27 Dudko, Greg	08	GBS-IL	56.31
28 Keating, Arthur	01	GBS-IL	56.55
29 Boothe, Pat	77	GBS-IL	56.61
30 Kittrell, Andrew	00	GBS-IL	56.65
31 Braeseke, Paul	80	GBS-IL	56.66
32 Cahill, Tommy	13	GBS-IL	56.76
33 Braun, Karl	95	GBS-IL	57.05
34 Demeritzis, Zach	10	GBS-IL	57.13
35 Stetson, Todd	76	GBS-IL	57.20
36 Tracy, Greg	00	GBS-IL	57.37
37 Braeseke, Karl	79	GBS-IL	57.40
38 Gibson, Dave	75	GBS-IL	57.97
39 Stetson, Brad	75	GBS-IL	58.00

#7 Boys 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Cubelic, Dominik	10	GBS-IL	44.61
2 Cordes, Colin	08	GBS-IL	45.13
3 Salomon, Jon	15	GBS-IL	45.92
4 Bach, Ryan	11	GBS-IL	46.66
5 Connor, J.J.	12	GBS-IL	47.30
6 Benson, Kevin	14	GBS-IL	47.78
7 Hianik, Ryan	12	GBS-IL	48.29
8 McKeivitt, Mike	79	GBS-IL	48.30
9 Hotaling, Chris	91	GBS-IL	48.76
10 Heneghan, Seamus	14	GBS-IL	48.89
11 Hengels, Ben	09	GBS-IL	48.92

TOP 40 ALL-TIME GBS SWIMMING - 3/2/2014

Psych Sheet

#7 ... (Boys 100 Yard Freestyle)

12	Salganik, Sam	16	GBS-IL	48.92
13	Woodrow, Matt	07	GBS-IL	48.94
14	Stetson, Lynn	79	GBS-IL	49.00
15	Wertke, Scott	75	GBS-IL	49.10
16	Schmitt, Andrew	07	GBS-IL	49.25
17	Connor, J.J.	12	ALUM-IL	49.45
18	Dragman, Danny	15	GBS-IL	49.45
19	Hwang, Paul	08	GBS-IL	49.50
20	Iida, Sam	17	GBS-IL	49.51
21	Hagerty, Tommy	16	GBS-IL	49.54
22	Boothe, Pat	77	GBS-IL	49.80
23	Gravengood, Chase	04	GBS-IL	49.81
24	Nelson, Jake	14	GBS-IL	49.81
25	Poustovalov, Nikita	99	GBS-IL	49.88
26	Stonis, Rob	83	GBS-IL	50.00
27	O'Connor, Brett	92	GBS-IL	50.02
28	Stetson, Brad	75	GBS-IL	50.10
29	Spalding, Ethan	13	GBS-IL	50.12
30	Corley, Scott	88	GBS-IL	50.23
31	Dodero, Louis	88	GBS-IL	50.27
32	Christman, John	72	GBS-IL	50.30
33	Bleser, Philip	89	GBS-IL	50.39
34	Demeritzis, Zach	10	GBS-IL	50.40
35	Porter, William	11	GBS-IL	50.40
36	Popper, Dave	83	GBS-IL	50.44
37	Boothe, Mike	72	GBS-IL	50.45
38	Kerndt, Nick	09	GBS-IL	50.46
39	Cahill, Tommy	13	GBS-IL	50.49
40	Brander, Ryan	12	GBS-IL	50.60

#8 Boys 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Hengels, Ben	09	GBS-IL	4:30.93
2 Benson, Kevin	14	GBS-IL	4:34.18
3 Iida, Sam	17	GBS-IL	4:37.11
4 Stetson, Lynn	79	GBS-IL	4:37.20
5 Spalding, Ethan	13	GBS-IL	4:42.30
6 Hagerty, Tommy	16	GBS-IL	4:42.91
7 Stetson, Brad	75	GBS-IL	4:45.30
8 Cordes, Colin	08	GBS-IL	4:46.34
9 Dudko, Greg	08	GBS-IL	4:49.93
10 Demeritzis, Zach	10	GBS-IL	4:50.96
11 Hwang, Paul	08	GBS-IL	4:52.15
12 Cubelic, Dominik	10	GBS-IL	4:53.79
13 Salomon, Jon	15	GBS-IL	4:54.23
14 Stetson, Todd	76	GBS-IL	4:54.90
15 Salganik, Sam	16	GBS-IL	4:54.90
16 Simmons, Dean	79	GBS-IL	4:58.00
17 Roberson, Peter	14	GBS-IL	4:58.53
18 Roenitz, Kevin	11	GBS-IL	4:59.51
19 Connor, J.J.	12	GBS-IL	4:59.94
20 Woodrow, Matt	07	GBS-IL	5:00.44
21 Halfen, Mike	10	GBS-IL	5:01.08
22 Kittrell, Andrew	00	GBS-IL	5:02.08
23 Gibson, Dave	75	GBS-IL	5:03.00
24 Stewart, Andy	01	GBS-IL	5:03.34
25 Kerndt, Nick	09	GBS-IL	5:03.97
26 Hansen, Stevie	11	ALUM-IL	5:04.04
27 Park, Jay	06	GBS-IL	5:04.33
28 Bach, Ryan	11	GBS-IL	5:04.70

29	Connor, J.J.	12	ALUM-IL	5:04.88
30	Bach, Andy	08	GBS-IL	5:05.25
31	Willison, Mike	88	GBS-IL	5:05.49
32	Heidenreich, Dave	81	GBS-IL	5:06.50
33	Bleser, Philip	89	GBS-IL	5:06.77
34	Heidenreich, Mark	77	GBS-IL	5:06.92
35	Bolotnikov, Eugene	07	GBS-IL	5:08.56
36	Tracy, Greg	00	ALUM-IL	5:08.96
37	Schmitt, Andrew	07	GBS-IL	5:08.96
38	Tracy, Greg	00	GBS-IL	5:08.96
39	Heneghan, Seamus	14	GBS-IL	5:09.15
40	Porter, William	11	GBS-IL	5:09.45
41	Boczek, Brant	14	GBS-IL	5:11.46

#10 Boys 100 Yard Backstroke

Name	Yr	School	Seed Time
1 Cordes, Colin	08	GBS-IL	50.95
2 Nelson, Jake	14	GBS-IL	52.50
3 Cubelic, Dominik	10	GBS-IL	52.74
4 Iida, Sam	17	GBS-IL	53.42
5 Bleser, Philip	89	GBS-IL	53.88
6 Schmitt, Andrew	07	GBS-IL	54.47
7 Hianik, Ryan	12	GBS-IL	54.83
8 Salganik, Sam	16	GBS-IL	55.01
9 Benson, Kevin	14	GBS-IL	55.51
10 Bach, Ryan	11	GBS-IL	55.86
11 Pollick, Thomas	12	GBS-IL	55.93
12 Hengels, Ben	09	GBS-IL	56.05
13 Hansen, Stevie	11	ALUM-IL	56.29
14 Ryan, Mike	82	GBS-IL	56.35
15 Salomon, Jon	15	GBS-IL	56.45
16 Salay, Paul	15	GBS-IL	56.82
17 Moynihan, Conor	07	GBS-IL	57.16
18 Beckmann, Tom	69	GBS-IL	57.41
19 Jason, Wyatt	13	GBS-IL	57.60
20 Boothe, Pat	77	GBS-IL	57.70
21 Stenger, Brandon	08	GBS-IL	58.13
22 Rugen, Mark	75	GBS-IL	58.14
23 Keating, Arthur	01	GBS-IL	58.25
24 Lillig, George	78	GBS-IL	58.35
25 Arnold, Justin	91	GBS-IL	58.42
26 Hagerty, Tommy	16	GBS-IL	58.46
27 Koh, James	13	GBS-IL	58.57
28 Trevino, Keith	92	GBS-IL	58.72
29 Dudko, Greg	08	GBS-IL	58.95
30 Olson, Tuck	71	GBS-IL	59.10
31 Heneghan, Seamus	14	GBS-IL	59.25
32 Roenitz, Kevin	11	GBS-IL	59.46
33 Gravengood, Chase	04	GBS-IL	59.48
34 Lazara, Ryan	11	ALUM-IL	1:00.00
35 Spalding, Ethan	13	GBS-IL	1:00.01
36 Zimmerman, Jay	72	GBS-IL	1:00.11
37 Hummell, Don	92	GBS-IL	1:00.20
38 Kerndt, Nick	09	GBS-IL	1:00.28
39 DeLetto, Chris	09	GBS-IL	1:00.29
40 Landauer, Ken	97	GBS-IL	1:00.34

#11 Boys 100 Yard Breaststroke

Name	Yr	School	Seed Time
1 Salomon, Jon	15	GBS-IL	58.09
2 Grayes, Harry	02	GBS-IL	1:00.75
3 Iida, Sam	17	GBS-IL	1:01.05

4	Park, Jay	06	GBS-IL	1:01.33
5	Urice, Scott	83	GBS-IL	1:01.33
6	Feingold, Ron	12	GBS-IL	1:01.85
7	Cordes, Colin	08	GBS-IL	1:03.11
8	Kaiser, Ryan	93	GBS-IL	1:03.53
9	Klosowiak, Emil	10	GBS-IL	1:03.58
10	Cubelic, Dominik	10	GBS-IL	1:03.63
11	Ahlberg, Anders	07	ALUM-IL	1:03.94
12	Downey, Chris	91	GBS-IL	1:04.38
13	Gravengood, Chase	04	GBS-IL	1:04.41
14	Bach, Andy	08	GBS-IL	1:04.58
15	May, Ben	08	GBS-IL	1:04.58
16	Hong, JP	16	GBS-IL	1:04.82
17	Poustovalov, Nikita	99	GBS-IL	1:04.84
18	Mikeska, Rob	84	GBS-IL	1:04.86
19	Weingartner, Tom	80	GBS-IL	1:04.90
20	Koenig, Ed	77	GBS-IL	1:05.20
21	Dudko, Greg	08	GBS-IL	1:05.27
22	Hengels, Ben	09	GBS-IL	1:05.34
23	Hotaling, Chris	91	GBS-IL	1:05.43
24	Regalbuto, Robby	10	GBS-IL	1:05.45
25	Wrobel, Jon	00	GBS-IL	1:05.75
26	Dragman, Danny	15	GBS-IL	1:05.75
27	Bach, Ryan	11	GBS-IL	1:05.79
28	Hwang, Paul	08	GBS-IL	1:05.92
29	Dales, Peter	16	GBS-IL	1:05.94
30	Anderson, Eric	96	GBS-IL	1:05.99
31	Ngai, Kyle	10	GBS-IL	1:06.13
32	Benson, Kevin	14	GBS-IL	1:06.15
33	Pellouchoud, John	79	GBS-IL	1:06.34
34	Correa, Danny	13	GBS-IL	1:06.43
35	Hagen, Jim	69	GBS-IL	1:06.50
36	Halstead, Roger	67	GBS-IL	1:06.51
37	Bolotnikov, Eugene	07	GBS-IL	1:06.66
38	Pastel, Marvin	71	GBS-IL	1:06.70
39	Moffatt, Corey	04	ALUM-IL	1:06.84
40	Morrison, Tom	92	GBS-IL	1:07.16
41	Plimpton, Jeff	75	GBS-IL	1:07.20
42	Jakes, Phil	88	GBS-IL	1:07.28
43	Thoelecke, PJ	16	GBS-IL	1:07.50
44	Kerndt, Nick	09	GBS-IL	1:07.61
45	Mandell, Byron	16	GBS-IL	1:07.63