

**GLENBROOK SOUTH
BOY'S SWIM TEAM
2012-13**

	<u>VARSITY</u>	<u>J.V.</u>	<u>FROSH</u>
ARROWHEAD	109-76	149-27	
GLENBROOK NORTH	121-64	142-38	113-67
DEERFIELD	105-80	140-46	137-20
NILES WEST	128-57	137-43	142-37
WAUKEGAN	122-63	142-38	
MAINE SOUTH	108-78	124-59	114-51
EVANSTON	124-62	113-73	130-50
NEW TRIER	62-124	73-113	50-130
DUAL MEET RECORD	7-1	7-1	5-1
CONFERENCE RECORD	4-1	4-1	4-1

INVITATIONALS

DEERFIELD RELAYS	2 ND PLACE (6 TEAMS)
ST. CHARLES J.V. INVITE	1 ST PLACE (7 TEAMS)
FROSH INVITATIONAL	2 ND PLACE (8 TEAMS)
HINSDALE DIVING INVITE	10 TH PLACE (28 TEAMS)
SPARTAN SPRINT CLASSIC	1 ST PLACE (8 TEAMS)
EVANSTON INVITE	8 TH PLACE (18 TEAMS)
NEW TRIER DIVING INVITE	2 ND PLACE (18 TEAMS)
TITAN RELAYS	1 ST PLACE (8 TEAMS)

CHAMPIONSHIPS

CSL VARSITY CONFERENCE	2 ND PLACE
CSL JUNIOR VARSITY CONFERENCE	2 ND PLACE
CSL FRESHMAN INVITATIONAL	2 ND PLACE

IHSA SECTIONAL

3RD PLACE

IHSA STATE CHAMPIONSHIPS

18TH PLACE !

ACHIEVEMENTS

The 2012-13 season was a balanced and deep team that finished with the best dual meet record in recent program history. All three levels steamrolled through the dual meet season with a combination of depth and talent. The Freshman Team gave us a highlight of things to come with an impressive 2nd Place finish at the CSL Championship. The J.V. team may have been the strongest in program history with great performances at the CSL JV meet. The Varsity lacked the stars to climb into the top 10 at state, but the depth was among the best the team has ever seen and set the tone for some great seasons to come.

***Best Dual meet record for JV/Var 7-1*

***Five All-Americans*

***Three ALL-STATE Performances!!*

*** 7 CSL All-Conference Swimmers!!*

***200 Free Relay makes finals again!!*

***7 School Records*

Glenbrook South Booster Club Academic Award

The Glenbrook South Booster Club recognizes students for their achievements in the classroom as well as in the pool. An award winner must maintain a 3.5 GPA throughout their Sophomore, Junior and Senior years.

Glenbrook South Booster Club “Titan Senior”

The Glenbrook South Booster Club recognizes students for their achievements in the classroom as well as in the pool. This award is presented to the senior with the highest Grade Point Average.

Central Suburban League Academic All Conference

The Central Suburban League recognizes students for their academic performance as well as their athletic ability. A student must maintain a 3.0 GPA for seven semesters and be a Varsity Award winner and in the sport for two years.

Central Suburban League All-Conference

Ethan Spalding
Jake Nelson
Aaron Ach

Kevin Benson
Jon Salomon

Seamus Heneghan
Tommy Hagerty

National Interscholastic Swimming Coaches Association Qualified for All-American Consideration

Jon Salomon // Seamus Heneghan // Tommy Cahill // Kevin Benson //

IHSA State Swimmers/Divers

Aaron Ach	Diving	14 th Place	
Ethan Spalding	500 Free	16 th Place	
Jon Salomon	200 Medley Relay	21 st Place	
	200 Free Relay	9 th Place	H.M. All-State
	100 Breast	9 th Place	H.M. All –State
	200 I.M.	3 rd Place	1st Team All-State
Kevin Benson	200 Free	32 nd Place	
	500 Free	13 th Place	
	200 Free Relay	9 th Place	H.M. All-State
Seamus Heneghan	200 Free Relay	9 th Place	H.M. All-State
Jake Nelson	200 Medley Relay	21 st Place	
	100 Back	27 th Place	
Sam Salganik	200 Medley Relay	21 st Place	
Tommy Cahill	200 Medley Relay	21 st Place	
	200 Free Relay	9 th Place	H.M. All-State
Bob Meyer	200 Free Relay	9 th Place	